

**P.G. Syllabus(Semester Wise)**

**Psychology**

**(According to N.E.P. 2020)**

**Veer Bahadur Singh Purvanchal University**

**Jaunpur**

**(With effect from 2022-23)**

**Made by B.O.S Psychology on 17/05/2022**

**VEER BAHADUR SINGH PURVANCHAL UNIVERSITY, JAUNPUR**

**Syllabus Under NEP 2020 For postgraduate Psychology  
Programme  
( BOS Psychology V.B.S.P.U., JAUNPUR)**

**Semester-wise Titles of the Papers in M.A./M. Sc.**

| Year                   | Sem.   | Course Code       | Paper Title                               | Theory/Practical         | Credits           |
|------------------------|--------|-------------------|---|--------------------------|-------------------|
| (M.A. 1)               | I      | A090701T          | Cognitive Psychology-I                    | Theory                   | 4                 |
| VII                    | I      | A090702T          | Advanced Psychopathology-I                | Theory                   | 4                 |
| (                      | I      | A090703T          | Research Methodology                      | Theory                   | 4                 |
| (4thYEAR)              | I      | A090704T          | Advanced Social Psychology                | Theory                   | 4                 |
|                        | I      | A090705P          | Practical(one practical from each paper)  | Practical                | 4                 |
|                        | I      | A090706R          | Research Project                          | Project                  | 4*                |
| (M.A.I )               | II     | A090801T          | Cognitive Psychology-II                   | Theory                   | 4                 |
| VIII                   | II     | A090802T          | Advanced Psychopathology-II               | Theory                   | 4                 |
|                        | II     | A090803(A)T<br>or | Experimental research design ( or)        | Theory                   | 4(or)             |
| (4thYEAR)              | II     | A090803(B)T       | Sports Psychology                         | Theory                   | 4                 |
|                        | II     | A090804(A)T<br>or | Organizational Behaviour (or)             | Theory                   | 4(or)             |
|                        | II     | A090804(B)T       | Organizational Development And Change     | Theory                   | 4                 |
|                        | II     | A090805P          | Practical (one practical from each paper) | Practical                | 4                 |
|                        | II     | A090806R          | Research Project                          | Project                  | 4*                |
|                        | (I+II) |                   | Project REPORT/DISSERTATION               | (Mandatory)max-marks-100 | Total Credits=08* |
| (M.A.II)               | III    | A090901T          | Classical theories of personality         | Theory                   | 4                 |
| IX                     | III    | A090902T          | Psychometric methods I                    | Theory                   | 4                 |
|                        | III    | A090903T          | Counselling                               | Theory                   | 4                 |
| (5 <sup>th</sup> Year) | III    | A090904T          | Psycho diagnostic technique               | Theory                   | 4                 |

|                        |          |          |  |                          |                            |
|------------------------|----------|----------|--|--------------------------|----------------------------|
|                        | III      | A090905T | Organisational Communication                                   | Theory                   | 4                          |
|                        | III      | A090906T | Affective processes  | Theory                   | 4                          |
|                        | III      | A090907T | Advanced physiological psychology                              | Theory                   | 4                          |
|                        | III      | A090908T | Emergence of psychology  | Theory                   | 4<br>(TOTAL=4X4=16Credits) |
|                        | III      | A090909P | Practical(one practical from each selected /optional paper=04) | Practical                | 4                          |
|                        | III      | A090901R | Research Project   | Project                  | 4*                         |
| M.A.II                 | IV       | A091001T | Modern theories of personality                                 | Theory                   | 4                          |
| X                      | IV       | A091002T | Non-Experimental research design                               | Theory                   | 4                          |
|                        | IV       | A091003T | Organisational stress management                               | Theory                   | 4                          |
| (5 <sup>th</sup> Year) | IV       | A091004T | Measurement and psychological testing                          | Theory                   | 4                          |
|                        | IV       | A091005T | Cross-cultural psychology                                      | Theory                   | 4                          |
|                        | IV       | A091006T | Clinical psychology  | Theory                   | 4                          |
|                        | IV       | A090107T | Educational psychology   | Theory                   | 4<br>(TOTAL=4X4=16Credits) |
|                        | IV       | A091008T | Applied social psychology                                      | Theory                   | 4                          |
|                        | IV       | A091009P | Practical(one practical from each selected /optional paper=04) | Practical                | 4                          |
|                        | IV       | A091010R | Research Project   | Project                  | 4*                         |
|                        | (III+IV) |          | PROJECT REPORT/DISSERTATION                                    | (Mandatory)max-marks-100 | Total Credits=08*          |

**NOTE: Select any four papers(Optional) from given eight papers in year five(sem.IX<sup>th</sup>)**

**NOTE : Select any four papers(Optional) from given eight papers year five(sem.X<sup>th</sup>)**

**NOTE: Project REPORT/DISSERTATION(Mandatory)max-marks-100(Total Credits=08\*)**

**(The joint dissertation of the research project done in 4<sup>th</sup> year(- VII & VIII)SEMESTER-I&II and 5<sup>th</sup> year(IX & X)SEMESTER-III&IV is mandatory to be submitted at the end of the year.)**

ONLINE LINK:

1. <https://www.infobooks.org/free-pdf-books/psychology/#Clinical%20Psychology%20Books>
2. <https://www.all-about-psychology.com/psychology-ebook.html>
3. <https://t.me/thepsychologylibrary>

**Examination and Evaluation Pattern**  
**For M.A. – Year-4<sup>th</sup>&5<sup>th</sup> (All Semester)**  
**To Be Implemented From Session – 2022-2023**  
**(Approved by BOS Psychology on 17-05-2022)**

**Year - 4<sup>th</sup>&5<sup>th</sup>**  
**Semester - ALL**  
**Paper – Theory(All)**

**Maximum Marks: 25(Internal)+ 75 (External) = 100**

**(A)** Examination and Evaluation Pattern/Method for Internal Assessment

| Examination Pattern            | Marks     | Total Marks |
|--------------------------------|-----------|-------------|
| <b>Home Assignment/Seminar</b> | <b>10</b> | <b>25</b>   |
| <b>Written Test</b>            | <b>15</b> |             |

**(B)** Examination and Evaluation Pattern/Method for External Assessment

| Examination Pattern                     | Section   | Number of Questions | Marks for each Question | Total of each Section | Grand Total |
|---|---|---------------------|-------------------------|-----------------------|-------------|
| Descriptive Type<br>(Already Prevalent) | <input type="checkbox"/> Section – A<br><b>(Very Short Answer Type Questions)</b> | <b>10</b>           | <b>1</b>                | <b>10</b>             | <b>75</b>   |
|   | <input type="checkbox"/> Section – B<br><b>(Short Answer Type Questions)</b>      | <b>5</b>            | <b>7</b>                | <b>35</b>             |             |

|   |   |    |    |  |
|---|---|----|----|--|
| □ Section – C<br>(Long Answer<br>Type<br>Questions) | 2 | 15 | 30 |  |
|---|---|----|----|--|

**Year - 4<sup>th</sup>&5<sup>th</sup>**

**Semester - ALL**

**Paper - Practical**

**Maximum Marks: 75 (External) + 25 (Internal) = 100**

**(A) Examination and Evaluation Pattern/Method for External Assessment**

| Examination Pattern | Marks     | Total Marks |
|---------------------|-----------|-------------|
| <b>Written Exam</b> | <b>25</b> | 75          |
| <b>Viva Voce</b>    | <b>50</b> |             |

**(B) Examination and Evaluation Pattern/Method for Internal Assessment**

| Nature of Assignment/Activity                  | Marks     | Total Marks |
|--|-----------|-------------|
| <b>Practical File Writing and Presentation</b> | <b>25</b> | 25          |

# Evaluation Of Research Project (P.G.)

| Max Marks = 100                                |  |
|--|--|
| Internal Evaluation                            | External Evaluation                          |
| Evaluation by Supervisor/Director<br>=50 Marks | Evaluation by External Examiner<br>=50 Marks |

## Postgraduate Psychology Program

Semester-wise Course Curricula

### Program Outcome (After 2 Years)

The learning outcomes that a student should be able to exhibit on completion of a PG level program in Psychology are as follows:

- (i) Comprehension about the discipline, its research strategies, related hypothesis and models.
- (ii) Talent to connect up hypothesis with personal encounters and shifted connected settings.
- (iii) Capacity to hone proficient abilities within the range of psychological testing, evaluation and guiding.
- (iv) Development of skills in specific areas related to specific specialization (e.g. psycho- diagnostics, counselling, learning disability, health, and organizational behaviour, sports, social behaviour, child behaviour, personality, education, cross-cultural, psychological processes, physiological basics of behaviour etc.)
- (v) A general understanding about how knowledge of psychology can be applied to benefit the management and/or amendment of problems of mankind in day-to-day life.
- (vi) Capability to articulate ideas in appropriate manner, with scientific writing and authentic reporting about different aspects of behaviour
- (vii) Sensitivity towards diverse contexts, ethnic groups, minorities, marginalized groups and gender issues, mental and behavioural problems.
- (viii) Improvements of abilities and qualities of empathy, team work, coordination, cooperation, conflict determination, and coinciding.

- (ix) Development of ability and skills to work as psychologist.
- (x) Development of skills and thinking divergent in the field of research
- (xi) Understanding and knowledge about different aspects of research.

## **SEMESTER:I (M.A.I ,4<sup>th</sup> year, VIII)**

### **Cognitive Psychology-I**

#### **(Course Code-A090701T Credits-4)**

1. Cognitive approach. Origin and current status of cognitive psychology.
2. Attention: Concepts and mechanisms,  
Selective attention: Bottleneck theories, capacity model and automaticity.  
Sustained attention: Psychophysical factors and theories.
3. Perception: Figure-ground organization, figure formation, and psychophysics of form. Non veridical perception
4. Space, time and movement perception: Theoretical perspectives
5. Perceptual development. Nature-nurture controversy: Pre-exposure, deprivation and enrichment.
6. Cognitive and motivational influences on perception: Instruction, target identification and perceptual defence, perception without awareness.
7. Maharshi PATANJALI

#### **Books Recommended**

- Best, J. B. (1999). Cognitive psychology (5<sup>th</sup> ed). Belmont, CA: Brooks/Cole
- Dember, W.N.& Warm, J. S. (1979). Psychology of perception (2<sup>nd</sup> ed). New York: Holt.
- Howard, D.B. (1983). Cognitive psychology. New York: McMillan.
- Mattlin, M.W. ( 1995). Cognition. (3<sup>rd</sup> edition).Bangalore: Prism Books.
- Schiffman, H.R. ( 1996). Sensation and perception: An integrated approach. New York: John Wiley
- Solso, R.L. (2001). Cognitive psychology. (6<sup>th</sup> ed). Singapore: Pearson Education.

अरुण कुमार सिंह: "संज्ञानात्मक मनोविज्ञान"

उच्च प्रायोगिक मनोविज्ञान : आर एन सिंह एवं भारद्वाज, अग्रवाल पब्लिकेशन, आगरा ।

## **Advanced Psychopathology-I**

### **(Course Code-A090702T Credits-4)**

1. Classification systems in psychopathology: ICD-11, DSM -5-TR
2. Anxiety disorders: Generalized anxiety disorder, panic disorder, Social Anxiety Disorder, Specific Phobia.
3. Substance Related And Addictive Disorders: Alcohol Use Disorder, Alcohol Intoxication, Alcohol Withdrawal, Tobacco Use Disorder, Tobacco Withdrawal.
4. Neurodevelopmental Disorders: Intellectual Disabilities, Autism Spectrum Disorder, Developmental Coordination Disorder.
5. Personality Disorders: Paranoid, Anti Social, Narcissistic, Dependent.

### **Books Recommended**

1. Barlow, D H & Durand. V.M. (1999) Abnormal psychology: An integrative approach (2nd). Pacific Grove: Brooks/Cole.
2. Buss. A H (1999). Psychopathology. New York: John Wiley
3. Carson, R C., Butcher, JN., & Mineka, S (2001). Abnormal psychology in modern life (11th). New York. Allyn and Bacon
4. Davison, G.C. & Neals J.M (1996) Abnormal psychology (Revised ed. ). New York: John Wiley.
5. Lamm . A (1997) Introduction to psychopathology New York: Sage.
6. Boland, R; Verduin, M.L.; Ruiz,P(2021). Kaplan & Sadocks's Synopsis Of Psychiatry. Wolters Kluwer Health.
7. आर. एन. सिंह एवं अन्य (2013). मनोविकृति के आधार, अग्रवाल पब्लिकेशन।



# **Research Methodology**

## **(Course Code-A090703T Credits-4)**

**Note. Students are allowed calculators and statistical table in examination:-**

1. Psychological research: Meaning and scientific approach. Types of Research.
2. Problem and hypothesis – Origin, source and features. Experimentation in psychology: purpose, nature of variables, techniques of experimental manipulation. Impact and control in experiment, sources of bias, Ethical issues in Psychological Research.
3. Sampling: Meaning and purpose, Probability and non-probability sampling.
4. Methods of data collection – Observation, Interview and Interview schedule, Semantic differential, Rating methods, Q-short technique.
5. **Statistical methods** – Parametric statistics: t test, ANOVA one way.

### **Books Recommended:**

1. Karlinger F.N. (1983). *Foundations of Behavioural Research*, Surjeet Publication, Delhi.
2. McGuigan, F.J. (1968). *Experimental Psychology – A Methodological Approach*, Prentice Hall, N.J.
3. Brown C.W. & Ghiselli, E.E. (1965). *Scientific Methods in Psychology*, McGraw-Hill, N.Y.
4. Black, T.R. (1988). *Quantitative Research Designs for Social Science*. Thousand Oaks: Sage.
5. Edwards, A.L. (1976). *Experimental Design in Psychological Research*, Amerind Publication, New Delhi.
6. Newman, W.L. (1991). *Social Research Methods: Quantitative and Qualitative Methods*, Boston: Allyn & Bacon.
7. Tripathi, L.B. (1985). *Psychological Research Methods*, Har Prasad Bhargav, Agra.
8. Broota, K.D. (1992). *Experimental Design in Behavioural Research*, Wiley Eastern, New Delhi.

9. Heman, G.W. (1995). *Research Methods in Psychology*, Houghton Mifflin Company, Boston, Illinois, New Jersey.
10. Winer, B.J. (1961). *Experimental Design in Psychological Research*, McGraw Hill
11. मनोविज्ञान समाजशास्त्र तथा शिक्षा में शोध विधियां: मोहम्मद सुलेमान एवं दिनेश कुमार(2014/15)
12. अनुसंधान विधियां: एच. के. कपिल
13. मनोविज्ञान समाजशास्त्र तथा शिक्षा में शोध विधियां" :अरुण कुमार सिंह (2014) मोतीलाल बनारसीदास पटना
14. व्यावहारिक विज्ञानों में अनुसंधान विधियां": एस के मंगल और शुभ्र मंगल (2017)PHI लर्निंग प्राइवेट लिमिटेड,दिल्ली
15. सांख्यिकी के मूल तत्व: एच .के. कपिल और ममता सिंह(2012)

## **Advanced Social Psychology**

### **(Course Code-A090704T Credits-4)**

1. Social Psychology – Growth of Social Psychology as modern discipline, nature, levels of analysis and approaches.
2. Communication: Meaning & Types: target person, process of resistance to change, mass communication, function of group in communication process, group as an agent for resistance to change, group as an agent of change.
3. Interpersonal attraction: Dyadic interaction, determinants of attraction, theories – Balance, Reinforcement, equity and exchange theory, intimate relationship, development, relationship issues coping after a relationship ends.
4. Intergroup relation – Conflict and social identity approaches, Dynamics of intergroup behaviour, social harmony, Types of social conflict, conflict resolution.
5. Applied Social Psychology: Current social problems, poverty, population growth, gender issues, Environmental Attitudes, Encouraging pro-environmental behaviour.
6. Raja RAM MOHAN RAI

#### **Book recommended**

1. Baron, R.A. & Byrne, D.P. (1987). *Social Psychology*. Fifth Edition, Prentice Hall (India): NewDelhi.
2. Feldman, R.S. (1985). *Social Psychology : Theory, Research and Applications*, McGraw Hill:New Delhi.
3. Donerstein, M.B. & Donerstein, E. 1. (1984). *Social Psychology*.
4. Roy, F. Baumeister and Brad Bushman (2009). *Fundamentals of social psychology*. CENGAGE Learning, Delhi.
5. John D. Delamater & Daniel J. Myers (2009). *Text book of social psychology*. CENGAGE Learning, Delhi.
6. आर. एन. सिंह एवं एस. एस. भरद्वाज (2017). सामाजिक मनोविज्ञान की भूमिका, अग्रवाल पब्लि.

आगरा।

7. आधुनिक सामाजिक मनोविज्ञान: लाल बच्चन त्रिपाठी
8. समाज मनोविज्ञान की रूपरेखा :अरुण कुमार सिंह
9. सामाजिक मनोविज्ञान :बेरन एवं बायर्न

### **Practical(P.G. year-4<sup>th</sup>,VII,)SEMESTER-I**

**Practical: M.A. Previous :Sem.-I, (Any four of the following, one practical from each paper is mandatory) :- CREDIT=04**

- 1- Sort Term Memory
- 2- Chunking
- 3- Measurement of anti-social behaviour
- 4- Measurement of Phobic Anxiety
- 5- Study based on one way 't'
- 6- Correlational Study
- 7- Inter-personal attractions
- 8- Social Conformity

## **SEMESTER:II (M.A.I ,4<sup>th</sup> year, VIII)**

### **Cognitive Psychology-II**

#### **(Course Code-A090801T Credits-4)**

1. Cognitive Psychology: Meaning, origin, methods & current trends in cognitive psychology.
2. Perception: Meaning & process. Perceptual Threshold, Signal detection theory, Approaches to Perception - Top-down & Bottom-up.
3. Concept formation – Meaning and conceptual rules, procedure and strategies, ill-defined and well-defined concepts, Theories – Associative and Hypothesis testing.
4. Creativity: Meaning & measurement of creativity, determinants & fostering creativity.
5. Language Processes – Language acquisition, models and language comprehension, language production, language and thought. Thinking, Decision making & Problem solving – Meaning & models, Human problem solving, Heuristics & algorithmic.

#### **Books recommended**

- *Anderson, John R. (2004). Cognitive Psychology and Its Implications (6th ed.). WorthPublishers.*
- Gallotti, K. M. (2004). *Cognitive Psychology*. Thompson- Wadsworth.
- Sternberg, R. J. (2009). *Applied Cognitive Psychology*. Cengage Learning.
- Salro, R. L. (2001). *Cognitive Psychology*. Pearson Education.
- अरुण कुमार सिंह: "संज्ञानात्मक मनोविज्ञान"

## Advanced Psychopathology-II

**(Course Code-A090802T  
Credits-4)**

1. Psychopathology: Meaning, Approaches: Biological-Neurophysiological, Neurochemical, Genetic; Psychological-Psychodynamic, Behavioural, Cognitive, approaches.
2. Nosological System: History of ICD and DSM classification, ICD-11, DSM-5-TR.
3. Obsessive- Compulsive; Somatic Symptom Disorders: Symptom and etiology of Obsessive-Compulsive Disorder, Conversion Disorder.
4. Schizophrenia Spectrum and other Psychotic Disorders: Delusional disorder, Schizophrenia.
5. Depressive and Bipolar Disorders : Major depressive Disorder, Persistent Depressive (Dysthymia) Disorder, Bipolar-I Disorder, Bipolar-II Disorder.

### **Books recommended**

1. Carson, R. C., Butcher, J. N. & Mineka, S. (2000). *Abnormal Psychology and Modern Life*. Pearson Education.
2. Sarason, B. R. & Sarason, I. G. (2002). *Abnormal Psychology*.
3. American Psychiatric Association. (2022). DSM-5-TR.
4. Barlow, D. M. & Durand, V. M. (2005). *Abnormal Psychology: An Integrative Approach*. Thomson Wadsworth.
5. Boland, R. Verduin, M.L., Ruiz, P. (2021). Kaplan & Sadock's Synopsis Of Psychiatry. Wolters Kluwer Health.
6. WHO (2019) ICD-11, International Classification Of Diseases For Mortality And Morbidity Statistics.
7. आर. एन. सिंह एवं अन्य (2008). आधुनिक असामान्य मनोविज्ञान, अग्रवाल पब्लिकेशन्स, आगरा।
8. आर. एन. सिंह एवं अन्य (2013). मनोविकृति के आधार, अग्रवाल पब्लिकेशन्स।

# Experimental Research Design

## (Course Code-A090803(A)T Credits-4)

**Note. Students are allowed calculators and statistical table in examination:-.**

1. **Research Design:** Meaning, purpose, criteria, Types- Experimental, Non Experimental design and Quasi experimental design.
2. **Between group design:** Randomized group design Randomized block design, Matched group design, Factorial design.
3. **Within group design:** single and two factors repeated measures design.
4. **Statistical methods** –Hypothesis Testing: 't'-test (Correlated and Uncorrelated Means), ANOVA two way.

### 5. Mahatma BUDDH

#### Books Recommended

1. Karlinger F.N. (1983). *Foundations of Behavioural Research*, Surjeet Publication, Delhi.
2. McGuigan, F.J. (1968). *Experimental Psychology – A Methodological Approach*, Prentice Hall, N.J.
3. Brown C.W. & Ghiselli, E.E. (1965). *Scientific Methods in Psychology*, McGraw-Hill, N.Y.
4. Black, T.R. (1988). *Quantitative Research Designs for Social Science*. Thousand Oaks: sSage.
5. Edwards, A.L. (1976). *Experimental Design in Psychological Research*, Amerind Publication, New Delhi.
6. Newman, W.L. (1991). *Social Research Methods: Quantitative and Qualitative Methods*, Boston: Allyn & Bacon.
7. Tripathi, L.B. (1985). *Psychological Research Methods*, Har Prasad Bhargav, Agra.
8. Broota, K.D. (1992). *Experimental Design in Behavioural Research*, Wiley Eastern, New Delhi.
9. Heman, G.W. (1995). *Research Methods in Psychology*, Houghton Mifflin Company, Boston, Illinois, New Jersey.
10. Winer, B.J. (1961). *Experimental Design in Psychological Research*, McGraw Hill

11. "मनोविज्ञान समाजशास्त्र तथा शिक्षा में शोध विधियां" :अरुण कुमार सिंह (2014) मोतीलाल बनारसीदास पटना।
12. "व्यावहारिक विज्ञानों में अनुसंधान विधियां": एस के मंगल और शुभ्रा मंगल (2017)PHI लर्निंग प्राइवेट लिमिटेड,दिल्ली
13. अनुसंधान विधियां: लाल बच्चन त्रिपाठी
- 14.मनोविज्ञान समाजशास्त्र तथा शिक्षा में शोध विधियां: मोहम्मद सुलेमान एवं दिनेश कुमार(2014/15)
15. सांख्यिकी के मूल तत्व: एच .के. कपिल और ममता सिंह(2012)

## **Sports Psychology** **(Course Code-A090803(B)T Credits-4)**

1. Nature and historical and recent perspective on sports psychology.
2. The role of stress, arousal, anxiety and attention in the performance of individual and team sports.
3. Motivation, skills and performance. Personality profiles of successful sports persons.
4. Cognitive and social psychological dimensions of individual and team sports.
5. Training/coaching techniques. Cognitive and behavioural interventions. The role of sports psychologists.
6. P.T. USHA

### **Books recommended**

- 1- Cox, R. H. (2006). *Sport Psychology: Concepts and Application*. McGraw- Hill.
- 2- Weinberg, R. S. & Gould. D. (2006). *Fundamental of Sport and Exercise Psychology*. HumanKinetics Publishers.
- 3- Houghtan, P. & Worroll, J. (2016). *Play the Forest School Why*. Watkins Publishing.
- 4- Perry, J. (2016). *Sport Psychology: A Complete introduction*. Teach Yourself.
- 5- Cotterill, S., Weston, N. & Breslin (2016). *Sport and Exercise Psychology: Practitioner casestudies*. Weley. Blackwell.
- 6- Franz, T. M. (2018). *Group Dynamics and Team Intervention*. Weley.
- 7- Luiselli, J. K., & Reed, D. D. (2011). *Behavioral Sport Psychology*. Springer.
- 8- खेल मनोविज्ञान (Sports Psychology) : डॉ. कैलाश कोटिकराव पवार (2019) Sports Publications.

# **Organizational Behaviour**

## **(Course Code-A090804(A)T Credits-4)**

1. Nature of organizational behaviour (O.B.): Models and approaches to O.B, Challenges & opportunities for O.B.
2. Motivation and Work: Meaning & process, Theories of employee motivation, Alderfer, McClelland, Goal setting, OB Mod. theory.
3. Organizational leadership: Meaning and theories - Trait, behavioural , Fiedler, Hersey and Blanchard's theory, current issues in leadership, Organizational implications.
4. Organizational structure: Definition, types, Communication in organizations , grapevine grapevine system significance.

### **Books Recommended**

1. Gilmer, B.V.H. (1971). Industrial and Organizational Psychology, McGraw-Hill.
2. Katz, D. and Kahn, R.K. (1980). The Social Psychology of Organization, Wiley.
3. Robbins, S. P. (1980). Organizational Behaviour. Prentice Hall, New Delhi.
4. Luthans, F. (1997). Organizational Behaviour, Tata McGraw-Hill, New Delhi.
5. Arnold. H.J. and Feldman, D.C. (1986). Organizational Behaviour, McGraw-Hill.
6. Dwivedi, R.S. (2001). Human Relationship and Organization Behaviour, McMillan, New Delhi.
7. सिंह ,अरुण कुमार (2016) औद्योगिक एवं संगठनात्मक मनोविज्ञान ,भारती भवन ।
8. ओझा ,आर के (2006 ) औद्योगिक मनोविज्ञान विनोद पुस्तक मंदिर ,आगरा।
9. सुलेमान एवं चौधरी (2005) आधुनिक औद्योगिक एवं संगठनात्मक मनोविज्ञान, मोतीलाल बनारसीदास ,नई दिल्ली ।



# Organizational Development and Change

## (Course Credits-A090804(B)T Credits-4)

1. Introduction to organizational development Nature and characteristics, historical development  
Process of management of change.
2. Management of organizational development: Foundations, process and action research
3. Organizational development interventions: Team, third-party, comprehensive. structural  
interventions, and training experiences.
4. Management of change: Organizational structure, organizational culture, employee relations and  
involvement strategies
5. Evaluating change and future of organizational development

### Books Recommended

Bennis, WC (1969) Organization development: Its mature. origins and prospects. Reading. MA:  
Addison-Wesley.

Colenso, M (2001). Successful organizational change: Evolution and revolution in the organization  
New York Prentice Hall

French, W.L. & Bell, C H (195) Organization development New York: Prentice Hall

Nilakant, V. & Ramanarayan, S (1998) Change management New Delhi: Response Books

Ramnarayan, S., Rao, T.V. and Singh, (1998 Organization development Interventions and  
Strategies. New Delhi: Response Books

Thonhill, A., Lewis, P Millmore, M. & Saunders, M. (2000) Managing Change A human resource  
strategy approach. New York: Pearson Education

. सिंह ,अरुण कुमार (2016) औद्योगिक एवं संगठनात्मक मनोविज्ञान ,भारती भवन।

. ओझा ,आर के (2006 ) औद्योगिक मनोविज्ञान विनोद पुस्तक मंदिर ,आगरा।

. सुलेमान एवं चौधरी (2005) आधुनिक औद्योगिक एवं संगठनात्मक मनोविज्ञान, मोतीलाल बनारसीदास, नई दिल्ली।

संगठनात्मक व्यवहार: पी सी जैन(2008)

**Practical: M.A. Previous (year-4<sup>th</sup>, VIII) SEMESTER-II (Any four of the following, one practical from each opted paper is mandatory):-  
CREDIT=04**

- 1- Effect of Set on Problem Solving
- 2- Measurement of creativity
- 3- Dysfunctional Analysis
- 4- Measurement of Depression
- 5- Formulation of a Factorial Design Experiment
- 6- Formulation of plan of Action Research
- 7- LOC
- 8- Level of aspiration
- 9- Job Involvement and Gender
- 10- Job Satisfaction and Gender
- 11- Organizational climate
- 12- organizational commitment

**NOTE: Fourth Year: Sem.I + Sem.II =Project  
REPORT/DISSERTATION (Mandatory for all students)  
Max.marks-100(Total Credits=08)**

## **SEMESTER:III (M.A.II ,5<sup>th</sup> year, IX)**

### **Classical Theories of Personality**

**(Course Code-A090901T Credits-4)**

1. Personality: Nature and Scope, Various Theoretical Approaches to personality.
2. Psychoanalytic Theory: Freud's Psychoanalytic Theory. Jung's Analytic Theory, Adler's Individual Theory.
3. Neo- Freudian and Post Freudian Approaches: Horney, Erich Fromm, Erikson and Sullivan.
4. Eastern Personality Theory: Patanjali , Yoga Theory of Personality. Abhidhamm Theory of Personality.
5. Veer SAWARKAR

#### **Books Recommended**

1. Liebert. R.M. & Spiegler, M.D. (1994). Personality: Strategies and Issues. Pacific Grove. California: Brooks/Cole Publishing Company.
2. Biscoff. L.J. (1970). Interpreting personality theories. New York: Harper & Roe.
3. Hall, C.S. & Lindzey, G., Campbell J.B.(1998). Theories of personality, 4<sup>th</sup> Ed. New York: J. Wiley & Sons.
4. Hjelle. L.A.. & Zeigler. D.J. (1991). Personality theories: Basic assumptions.

research & applications, 2nd Ed. International Student Edition. McGraw Hill, International Book Co.

5. Pervin, L.A. (1980). Personality: Theory, assessment and research, 3<sup>rd</sup> . New York, Wiley International ed.

6. Sahakian. W.S. (1965). Psychology of Personality: Readings in theory. Chicago Rad Mc-Nally College Publication Co.

7. Magnusson, D., Endler, N.S. (1977). Personality at Crossroads. New Jersey. Hillsdale: Lawrence Erlbaum Associates.

8. Cervone, D. and Pervin, L.A. (2018) Personality: Theory and Research, 14<sup>th</sup> Edition. New York J. Wiley & Sons.

9. Barbara Engler (2008). Personality Theories / Edition 8.

10. व्यक्तित्व का मनोविज्ञान: अरुण कुमार सिंह(2004)

11. व्यक्तित्व मनोविज्ञान :आर. एन. सिंह एवं आर .बी. त्रिपाठी

12. व्यक्तित्व मनोविज्ञान: डी. एन. .श्रीवास्तव(2004)

# Psychometric Methods I

## (Course Code-A090902T Credits 4)

Unit 1: Methods and Tools of Psychological Measurements: Psychological Tests, Scale, Questionnaire, Interview Schedule, Observation.

Test construction: Meaning, Steps in test construction, possible errors in test constructions.

Unit 2: Item selection and item writing for different types of tests. Item analyses: Inter item correlation, item power, item difficulty,

Reliability: Concept, types of reliability: Test-retest, split-half, parallel form, Chronbach's Alpha, Inter-rater reliability.

Validity: Meaning, content, criterion related and construct validity.

Unit 4 : Factor extraction and factor reduction: Factor Analysis: concept, types: Exploratory and confirmatory factor analyses.

Unit 5: Standardization: Meaning and methods of standardization of psychological tools.

Norms: Meaning and its use, development of norms: Age norm, Grade norm, intergroup norm.

### Books recommended

Anastasi, A. (1983), Psychological Testing (5th Ed.) N.Y. McMillan.

Nunally, J.C. (1979). Psychometric Theory (2 Ed.) Tata McGraw Hill, India.

Freeman, F.S. (1962). Theory and Practice of Psychological Testing. Oxford and IBH Pub. Co., New Delhi.

Guilford, J.P. (1954). Psychometric Methods, Tata McGraw Hill, India.

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मनोवैज्ञानिक मापन एवं परीक्षण :महेश भार्गव

# COUNSELLING

## (Course Code-A090903T, Credits-4)

1. Counselling: Meaning, aims and expectations of counselling, qualities of counsellor, role of counsellor at school level.
2. Approaches to counselling: Psychoanalytic, Person centered and existential, Cognitive, Behavioural and Rational Emotive.
3. Counselling in Indian Context: need and availability services in India. Indian techniques of counselling-Yoga, Meditation.
4. Counselling for special population: Drug addicts, Marital & family counseling.
5. Mental Health: Meaning and importance, Improving Mental Health, Determinants of mental health

### **Books recommended:**

1. Feltham, C. & Morton, (2000). *Handbook of Counselling and Psychotherapy*. Sage publications, New Delhi.
2. Wolfs, R. & Dryden, W. (1998). *Handbook of counselling psychology*. Sage Publications, London.
3. Brown, S.D., & Lent, R.W. (2002): *Handbook of Counselling Psychology*. New York: John Wiley & Sons.
4. Rao, S.N., & Sahajpal, P. (2013). *Counseling and Guidance*. Tata McGraw Hill.
5. Bhatia, K.K. (2002). *Principles of Guidance and Counselling*. Kalyani Publications.
6. Jacobs, Ed. (1992). *Creative counseling techniques*. Psychological assessment resources. USA.
7. Bhatnagar, A & Gupta, N. (1999). *Guidance and Counseling*. Vikash publishing house pvt ltd. New delhi.
8. Corey, G. (2001). *Theory and practice of counseling and psychotherapy*. Thomson learning.
9. Seligman, L. & Reichenberg, L. W. (2010). *Theories of Counselling and Psychotherapy*. PHI Learning.
10. **Amaranth Rai and Madhu Asthana, (2005) GUIDANCE and**

COUNSELLING, Motilal Banarsidas, Patna.

11. Alam, S. (2011). *Modern Concept of Guidance and Counselling*. Gayananda Prakashan, Ansari Road, New Delhi.

## Psychodiagnostic Techniques

### (Course Code-A090904T Credits-4)

- i. Psychodiagnosis: Nature and scope, source of clinical data.
- ii. Assessment Interview: Case History, Mental Status Examination, Diagnostic Interview.
- iii. Intelligence testing: S-B-S, WAIS-IV.
- iv. Personality Testing: MMPI-3, Millon Clinical Multiaxial Inventory, California Psychological Inventory, Rorschach.
- v. Neuropsychological Testing: Test for visuoconstructive ability(Bender-Gestalt), Wechsler Memory Scale-IV.

### Books Recommended

Cullari, S. (ed. ) (1998). *Foundations of clinical psychology* Boston: Allyn & Bacon.

Goldenberg, H. (1983). *Contemporary clinical psychology* (2nd) New York: Brooks & Cole

Kahn, T.C. & Giffen, M.B.(1960). *Psychological techniques in diagnosis and evaluation*. Oxford Pergmon Press.

Marnat,G.G. and Wright, A.S.(2016),*Handbook Of Psychological Assessment*, J. Wiley

Neitzel, M.T, Bernstein, D.A., & Millich, R. (1998) *Introduction to clinical psychology* (5h Ed.) Upper Saddle River, N.J. : Prentice Hall

Wolman, B.B. (1978). *Clinical diagnosis of mental disorders: A handbook*. New York: Plenum.

उच्चतर नैदानिक मनोविज्ञान :अरुण कुमार सिंह (2018 )

मनोवैज्ञानिक मापन एवं परीक्षण :महेश भार्गव

## **Organizational Communication**

### **(Course Code-A090905T Credits-4)**

1. Conceptual framework: Meaning and process of communication, perspectives; direction of communication flow, communication barriers.
2. External communication: Environmental scanning; management of external, communication
3. Interpersonal communication: needs perspective, transactional analysis, Johari, window; role of symbols, media and information technology, choosing among media; communication networks.
4. Non-verbal communication: Dimensions and functions of non-verbal communication; cultural differences in nonverbal communication.
5. Communication for organizational effectiveness: Persuasion and influence,

#### **Recommended Books:**

1. Andrews, P. H. & Herschel, R. T. (1997). Organizational communication. (1\* Ed.). New Delhi: A.I.T.B.S. Publishers.
2. Fisher, D. (2003). Communication in organizations (2 Ed.). Bombay: Jaico Books.
3. Godhaber, G. M. (1990). Organizational Communication (5h Ed.). Bhubaneswar: Brown.
4. Lesikar, R.V. & Pettit, J. D. (1998). Business communication: Theory and applications. (6h Ed.). Illinois: Richard D. Irwin Inc.
5. Tubbs, S.L. & Moss, S. (2006). Human Communication: Principles and Contexts. (10<sup>th</sup> Ed.). McGraw Hill.
6. संगठनात्मक व्यवहार: पी सी जैन(2008)



7. सिंह ,अरुण कुमार (2016)औद्योगिक एवं संगठनात्मक मनोविज्ञान ,भारती भवन ।

8. सुलेमान एवं चौधरी (2005)आधुनिक औद्योगिक एवं संगठनात्मक मनोविज्ञान, मोतीलाल बनारसीदास ,नई दिल्ली।

## **Affective Processes**

### **(Course Code-A090906T Credits-4)**

1.Affective processes: Nature and properties; Origin, development and present status. Ethologist 's Contribution.

2. Motivation Conceptual issues; Response dimension. Homeostasis

3. Theoretical framework: Murray and Maslow. intrinsic and extrinsic framework. Techniques of Assessment: Unobtrusive, self-report and projective.

4.Emotion Conceptual and theoretical issues, differences in emotional expression, genetics. culture and personality.

5.Biological and neurophysiological approaches to emotion: Emotional network in the brain. psychophysiology of emotion.

6.Emotional intelligence: Framework, assessment and application

### **Books Recommended**

Cofer, C. N. & Appley, M. H. (1964). Motivation: Theory and research Delhi Wiley Eastern

Lewis, M., & Haviland-Jones, J. M. (2000). Handbook of emotions. New York:Guilford Press

Singh, D. (2003). Emotional intelligence at work. New Delhi: Sage Weiner, B. (1998). Human motivation. Newbury Park: Sage.

# Advanced Physiological Psychology

## (Course Code-A090907T Credits-4)

1. Physiological Psychology: Fields of Study; Methods and Techniques of Research: Invasive, Non-invasive and Behavioural Methods.
2. Neuron – Structure and Function; Human Nervous System: Structure and Functions – Central, Peripheral and Autonomic Nervous System, Lateralization of Brain Functions.
3. Neuron Physiology: Neural conduction and Synaptic Transmission. Neurotransmitters, Mechanism of Chemical Neurotransmission through Synapse.
4. Sensory Processes: Vision-- Structure and Function of Eye, Retina and Photoreceptors; Colour Blindness. Theories of Colour Vision; Audition -- Structure and Function of Ear,
5. Endocrine Glands and Hormones: Pituitary, Pineal, Thyroid, Thymus, Adrenal Glands, Pancreas and Gonads (Ovaries and Testis)

### Books Recommended

- 1- Carlson, N. R. (2005). *Foundations of Physiological Psychology*. 6<sup>th</sup> Edition, Pearson Education.
- 2- Pinel, J.P. (2006). *Biopsychology*. 6<sup>th</sup> Edition, Pearson Education.
- 3- Leukal, F. (1976). *Introduction to Physiological Psychology*. C.V. Mosby Co.
- 4- Levinthal, C.F. (1990). *Introduction to Physiological Psychology*. 3<sup>rd</sup> Edition, Prentice Hall.
- 5- Morgan, C.T. (1985). *Introduction to Physiological Psychology*. McGraw-Hill
- 6- Levitt, P.C. (1980). *Physiological Psychology*.
- 7- Kalat, J. W. (2010). *Biopsychology*. Cengage Learning India Pvt. Ltd.
- 8- दैहिक मनोविज्ञान: बी. डी. तिवारी एवं ए. एन. त्रिपाठी (2004)

# **Emergence of Psychology**

## **(Course Code-A090908T Credits-4)**

I. Psychological thought in some major Eastern Systems: Bhagavad Gita, Buddhism, Sufism and Integral Yoga. Academic psychology in India: Pre-independence era: post-independence era; 1970s: The move to addressing social issues; 1980s: Indigenization; 1990s: Paradigmatic concerns, disciplinary identity crisis; 2000s: Emergence of Indian psychology in academia. Issues: The colonial encounter: Post colonialism and psychology; Lack of distinct disciplinary identity.

II. **Western:** Greek heritage, medieval period and modern period. Structuralism, Functionalism, Psychoanalytical, Gestalt, Behaviorism, Humanistic Existential, Transpersonal, Cognitive revolution, Multiculturalism. Four founding paths of academic psychology Wundt, Freud, James, Dilthey.

Issues: Crisis in psychology due to strict adherence to experimental-analytical paradigm (logical empiricism). Indic influences on modern psychology.

III. **Essential aspects of knowledge paradigms:** Ontology, epistemology, and methodology. Paradigms of Western Psychology: Positivism, Post-Positivism, Critical perspective, Social Constructionism, Existential Phenomenology, and Co-operative Enquiry. Paradigmatic Controversies. Significant Indian paradigms on psychological knowledge: Yoga, Bhagavad Gita, Buddhism, Sufism, and Integral Yoga. Science and spirituality (avidya and vidya). The primacy of self-knowledge in Indian psychology.

### **Books**

1. William Douglas Woody Wayne Viney, A History Of Psychology(2017)
2. Robert Thomson, The Emergence Of Psychology(1993)
3. सिंह ,अरुण कुमार; मनोविज्ञान के संप्रदाय एवं इतिहास(2013) , eksrhyky cukjlhnl izdk”kuA
4. K. Ramakrishna Rao Anand C. Paranjpe(2015), Psychology in the Indian tradition, Springer

**Practical: M.A. Final (year 5th, IX) SEMESTER-III (Any four of the following Any four of the following, one practical from each opted paper is mandatory):- CREDIT=04**

1. Extraversion-introversion Test
2. SRT(Sat Raj Tam) Personality Test
3. Development of a test up to item analysis.
4. Computation of reliability using test retest or split-half method
5. Marital Adjustment
6. Mental Health
7. Bender-Gestalt test
8. WAIS Performance
9. Organizational Communication
10. Organizational Effectiveness
11. Emotional Intelligence
12. Achievement Motivation
13. Colour Blindness
14. Figure after effect
15. Mindfulness
16. Spirituality

# **Modern Theories of Personality**

## **(Course Code-A091001T Credits-4)**

Unit I: The Dispositional Approach: Allport's Trait Approach, Cattell's Trait Approach, Eysenck's Type Approach, Big Five-Factor Model of Personality.

Unit - II: Humanistic Approaches: Murray's Need Theory. Maslow's Hierarchical Theory of Human Motivation.

Unit III: Phenomenological Theory and Cognitive Theory: Kelly's Personal-Construct Theory, Roger's Self Theory, Lewin's Field Theory, Mischel's Cognitive-Behavioural Theory.

Unit-IV: Radical Behaviorism of Skinner; Bandura's Social Learning Theories, Miller and Dollard Theory.

### **Books Recommended**

1. Liebert, R.M. & Spiegler, M.D. Personality Strategies and Issues. Pacific Grove. California: Brooks/Cole Publishing Company.
2. Biscoff, L.J. (1970). Interpreting personality theories. New York: Harper & Roe.
3. Hall, C.S. & Lindzey, G. Campbell, J.B. (1998). Theories of personality, 4<sup>th</sup> Ed. New York: J. Wiley & Sons.
4. Hjelle, L.A., & Zeigler, D.J. (1991). Personality Theories: Basic Assumptions, Research and Applications, 2nd Ed. International Student Edition. McGraw Hill, International Book Co.
5. Pervin, L.A. (1980). Personality: Theory, assessment and research, 3<sup>rd</sup> Ed. New York, Wiley International ed.
6. Sahakian, W.S. (1965). Psychology of personality: Readings in theory, Chicago: Rand McNally College Publication Co.

7. Cervone, D. and Pervin, L.A. (2018) *Personality: Theory And Research*, 14<sup>th</sup> ed. New York: J.Wiley & Sons.
8. Magnusson, D., Endler, N.S. (1977). *Personality at crossroads*. New Jersey, Hillsdale : Lawrence Erlbaum Associates.
9. Calvin S. Hall Gardner Lindzey John B. Campbell (2007). *Theories Of Personality* 4th Edition, Publisher: Wiley India Pvt Ltd.
10. Barbara Engler (2008). *Personality Theories / Edition 8*.
11. व्यक्तित्व मनोविज्ञान :अरुण कुमार सिंह(2004)
12. व्यक्तित्व मनोविज्ञान .आर. एन. सिंह एवं आर .बी. त्रिपाठी
13. व्यक्तित्व मनोविज्ञान: डी एन श्रीवास्तव(2004)

## **Non-Experimental Research Designs** (Course Code-A091002T Credits-04)

1. **Research Design:** Meaning, purpose, criteria, Types- Experimental, Non Experimental design and Quasi experimental design.
2. Quasi-experimental design : One Group Design; Non-equivalent and Control Group Designs; Interrupted Time -Series Designs; Multiple Time- Series designs.
3. Correlational design
4. Contrast design
5. Case study design
6. Survey design
7. Swami VIVEKANAND

### **Books Recommended**

- Karlinger F.N. (1983). *Foundations of Behavioural Research*, Surjeet Publication, Delhi.
- McGuigan, F.J. (1968). *Experimental Psychology – A Methodological Approach*, Prentice Hall, N.J.
- Brown C.W. & Ghiselli, E.E. (1965). *Scientific Methods in Psychology*, McGraw-Hill, N.Y.
- Black, T.R. (1988). *Quantitative Research Designs for Social Science*. Thousand Oaks: Sage.
- Edwards, A.L. (1976). *Experimental Design in Psychological Research*, Amerind Publication, New Delhi.
- Newman, W.L. (1991). *Social Research Methods: Quantitative and Qualitative Methods*, Boston: Allyn & Bacon.
- Tripathi, L.B. (1985). *Psychological Research Methods*, Har Prasad Bhargava, Agra.
- Broota, K.D. (1992). *Experimental Design in Behavioural Research*, Wiley Eastern, New

Delhi.

Heman, G.W. (1995). *Research Methods in Psychology*, Houghton Mifflin Company, Boston, Illinois, New Jersey.

Winer, B.J. (1961). *Experimental Design in Psychological Research*, McGraw Hill

"मनोविज्ञान समाजशास्त्र तथा शिक्षा में शोध विधियां" : अरुण कुमार सिंह (2014) मोतीलाल बनारसीदास पटना।

व्यावहारिक विज्ञानों में अनुसंधान विधियां": एस के मंगल और शुभ्र मंगल (2017) PHI लर्निंग प्राइवेट लिमिटेड दिल्ली

. अनुसंधान विधियां: लाल बच्चन त्रिपाठी

मनोविज्ञान समाजशास्त्र तथा शिक्षा में शोध विधियां: मोहम्मद सुलेमान एवं दिनेश कुमार(2014/15)

## **Organizational Stress Management**

### **(Course Code-A091003T Credits-4)**

1. Organizational stress: Concept- different perspectives. symptoms, individual factors influencing Job stress
2. Causes of job stress: Personal characteristics, organizational structure and change, properties of work and work setting, job role. machine pacing and shift work
3. Consequences of job stress: Job behaviour, job satisfaction, performance, absenteeism, health strains- physical illness, mental/ psychological symptoms
4. Stress management interventions: Individual centred - cognitive, behavioural, and physical. Organization centred-preventing, mitigating and moderating organizational stressors.
5. Coping with stress Types of coping strategies
- 6 Therapeutic Approaches to stress management: Counselling, hypno-suggestive, philosophical hypnosis, self- talk, music therapy.

### **Books Recommended**

Matteson, MT & Ivancevich, J M (1987) Controlling work stress: Effective human resources and management strategies San Francisco: Josey Bass

Pestonjee, D.M (1992) Stress and coping New Delhi: Sage Publications

Ross, R.R & Altman, EM (1994). Interventions in occupational stress New Delhi: Sage Publications.

Srivastava, A.K.(1999) Management of occupational stress: Theories and practice. New Delhi: Gyan Publishing House

संगठनात्मक व्यवहार: पी सी जैन(2008)

सिंह , अरुण कुमार (2016) औद्योगिक एवं संगठनात्मक मनोविज्ञान , भारती भवन ।

सुलेमान एवं चौधरी (2005) आधुनिक औद्योगिक एवं संगठनात्मक मनोविज्ञान, मोतीलाल बनारसीदास, नई दिल्ली।

## **Psychological Measurement**

### **(Course code- A091004T, Credits-4)**

Unit-I: Measurement: Nature and concept of Psychological measurement, Types of Scale, Norms: Concept, Types.

Unit-II: Intelligence Testing: Speed and Power Tests, Individual and Group Tests, Verbal and Performance Tests and Cross-cultural tests.

Unit- III: Personality Testing: Psychometric tests (Inventory, questionnaire). Projective Techniques - Problems of Reliability and Validity of Projective Tests.

Unit-IV: Tests of Special Abilities: Aptitude testing, Occupational testing, Clinical testing. Educational testing, Ethical aspects: User's Qualification, Confidentiality. Communication of Results, Invasion of Privacy, Civil Rights of Minority, Evaluation of tests.

### **Books Recommended:**

1. Guilford, J.P. (1954). Psychometric Methods, Tata McGraw Hill, India.
2. Freeman, F.S. (1962). Theory and Practice of Psychological Testing. Oxford and IBH Pub. Co., New Delhi.
3. Payne, D.A. & McMorries, R.F. (1972). Educational and Psychological measurement. Oxford and IBH Pub. Co. New Delhi.
4. Anastasi, A. (1983), Psychological Testing (5th Ed.) N.Y. McMillan.
5. Nunally, J.C. (1979). Psychometric Theory (2 Ed.) Tata McGraw Hill, India.
6. Ciminaro, A.R. (1984). Handbook of behavioural assessment, New York : John Wiley.
7. Miller, D.C. (1991). Handbook of research design and social measurement, London Sage.
8. Leung, F.T.L. & Austin, J.T. (1996). The psychology research handbook, London Sage.
10. Kaplan, R.M. and Saccuzzo, D.D. (2007) Psychological Testing. Thompson-



Wordsworth. Australia, Spain.. United States.

11. Eysenck, M.W. (2004) Psychology: An Introductory Psychology. Press : Taylor & Francis Group. Hove and New York.

12. Test Measurement & Research Method in Behavioural Sciences: Bharti Bhawan, Patna.

13. मनोवैज्ञानिक मापन एवं परीक्षण : महेश भार्गव

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## **Cross- Cultural Psychology**

### **(Course Code-A091005T Credits-4)**

1. Culture and behaviour Nature of culture, Cultural relativity and universality of human behaviour  
Mechanism of cultural transmission

2. Methodology of cross-cultural psychology: Comparability and equivalence. Universals, emics and etics, Sampling and measurement issues, Back translation, decentering and subsystem validation

3. Culture and cognition Theoretical positions. contemporary Issues. cultural influences on perception, cognition. learning, memory. problem solving. reasoning and creativity, Everyday cognition.

4. Culture and emotion: Basic emotions. dimensional and componential models. subjective experiences. appraisal. physiological reaction and emotional expressions

5. Cultural change and adaptations: Processes of enculturation and acculturation in plural societies  
Acculturation strategies, Acculturation and adaptation of tribal people and refugees. Behaviour shifts and acculturative stress

6. Cross-cultural communication: Verbal and nonverbal interactions Communication incongruence  
Deceptions. cultural display rules. Promoting intercultural interaction

### **Books Recommended**

Berry, J.W, Poortinga. Y.H. Segall, M 1. & Dasen. P R (2002) Cross- cultural psychology:

Research and application. New York: Cambridge University Press

Berry, J.W. et al. (Eds) (1997). Handbook of cross-cultural psychology (2nd Edition) (Vol 1-3)

Boston: Allyn & Bacon.

Brislin, R. (Ed.) (1990). Applied cross-cultural psychology Newbury Park Sage

Matsumoto, D. (2001). The handbook of culture and psychology New York Cambridge University

Press.

Segall, M. H., Dasen, P. R., Berry, J. W., & Poortinga, Y H (1999) Human behaviour n giobal perspective. Boston: Allyn & Bacon.

Triandis H.C. et al. (Eds.) (1980). Handbook of cross-cultural psychology. (Vol 1-6) Boston Allyn & Bacon

## **Clinical Psychology**

### **(Course Code-A091006T Credits-4)**

1. Clinical Psychology: Meaning, historical background and current issues.
2. Behavioural Assessment: Nature, Behvioural Observation, Cognitive Behaviour Assessment, Cognitive Self-Report Inventories, Recording Cognition, Psychological Assessment.
3. Psychodynamic therapy: Freudian psychoanalysis.
4. Behaviour therapy: Systematic desensitization, aversion therapy, modeling, assertive therapy.
5. Cognitive behaviour therapy: Rational Emotive Therapy, Cognitive Behaviour Therapy.
6. Person Centered Therapy, Gestat therapy. Interpersonal and Group Therapy: Marital Therapy, family therapy, Psychodrama.

### **Books recommended**

1. Korchin, S.J. (1976). *Modern Clinical Psychology*. CBS Publication, Delhi.
2. Weiner, I.B. (1974), *Clinical Methods in Psychology*.
3. Goldenbern. H. (1983). *Contemporary Clinical Psychology* (2<sup>nd</sup> Ed.) New York.
4. Wolman, B.B. (1978). *Clinical Diagnosis of Mental Disorders : A Handbook*. N.Y. Plenum.
5. Nietzel, M.T. Bernstein, D.A. & Misich, R (1998). *Introduction of Clinical Psychology* (5<sup>th</sup> Ed.).New Jersey : Prentice Hall.
6. आधुनिक नैदानिक मनोविज्ञान: अरुण कुमार सिंह (2008)
7. आधुनिक नैदानिक मनोविज्ञान : मोहम्मद सुलेमान एवं दिनेश कुमार(2006)
8. नैदानिक मनोविज्ञान: एच के कपिल(2006)

## **Educational Psychology**

### **(Course Code-A091007T Credits-4)**

1. Educational Psychology: Meaning, scope, brief history.
2. Human diversity and education: Cultural differences in learning style, Readiness and classroom Achievement; Multiculturalism and Education; Social class differences, Poverty, Disadvantaged and education. Individual and group differences in Intelligence, Theories of intelligence.
3. Effective Teaching and Classroom Management: planning and setting, Objectives for teaching Characteristics of effective teachers. Teaching methods. Ecology of Classrooms & Classroom management, Disciplining and communication. Teachingsmall group: The Discussion Method and Cooperative Learning Computer Assisted Instruction.
4. Exceptionality and Special Education. Categories of exceptionality; Labeling and educational relevance. Physically challenged students. Students with cognitive Disabilities or brain dysfunction and communication disorders.
5. Educational Assessment: - Measurement and Evaluation (Norm-referenced and Criterion-referenced tests), Test Scores—meaning, Types and interpretation; Classroom Assessment and grading; Diversity/ Cultural Differences and Assessment.

6. Dr. S. RADHAKRISHNAN

#### **Books recommended:**

- 1- Anita, W. (2017). *Educational Psychology*. Pearson Education.
- 2- Mangal, S. K. (2009). *Essentials of Educational Psychology*. PHI Learning.
- 3- Ormrod, J. E. (2015). *Educational Psychology*. Pearson Education.
- 4- Dandapani, S. (2016). *Advanced Educational Psychology*. Anmol Publication.
- 5- Kelly, B., Woolfson, L. & Boyle, J. (2016). *Framworks for Practice in Educational*

*Psychology.*

Jessica Kingsley Publication.

- 6- Santrock, J. W. (2009). *Educational Psychology*. McGraw- Hill.
- 7- Anderson, R. (2015). *The Illusion of Education*. The Moving Quill Publishing Co.
- 8- शिक्षा मनोविज्ञान, S.K. Mangal(2019)

## **Paper : Applied Social Psychology**

(Course code :A091008T,Credits=04)

1: Aggression: Nature and Characteristics. Theories Psychoanalytic, Ethological, Social Learning: Frustration and Aggression: Provoking Factors and Aggression Management.

2.: Attitude (a) Nature. Components, Formation and Measurement, (b) Attitude Change Persuasive Communication and Cognitive Dissonance. Prejudice and Discrimination.

3.: Social Influence Processes: (a) Nature, Components, Kinds and Social Comparison Theory, (b) Conformity - Nature, Determinants, Compliance and Obedience.

4.: Group Dynamics Nature, Characteristics, Group Structure. Effect of Group on Behaviour Social Facilitation, Social Loafing, Risky Shift, Deindividuation and Crowd Behaviour. Leadership - Emergence, Style and Theories.

### **Book recommended:**

1. Baron, R.A. & Byrne, D.P. (1987). *Social Psychology*. Fifth Edition, Prentice Hall (India):
2. Feldman, R.S. (1985). *Social Psychology Theory, Research and Applications*. McGraw Hill: New Delhi.
3. Donerstein, M.B. & Donerstein, E. 1. (1984) *Social Psychology*
4. Roy, F. Baumeister and Brad Bushman (2009). *Fundamentals of social psychology* CENGAGE Learning, Delhi.

5. John D. Delamater and Daniel J. Myers (2009) Text book of social psychology. CENGAGE

Learning, Delhi.

आर. एन. सिंह एवं एस. एस. भरद्वाज (2017). सामाजिक मनोविज्ञान की भूमिका, अग्रवाल पब्लि. आगरा।

आधुनिक सामाजिक मनोविज्ञान: लाल बच्चन त्रिपाठी

समाज मनोविज्ञान की रूपरेखा :अरुण कुमार सिंह

सामाजिक मनोविज्ञान :बेरन एवं बायर्न

**Practical: M.A. Final (year-5<sup>th</sup>,X) SEMESTER-IV( Any four of the following, one practical from each opted paper is mandatory):-**

**CREDIT=04**

- 1- 16PF
- 2- EPQ
- 3- Study based on correlation
- 4- Survey
- 5- Organizational Stress
- 6- Job Satisfaction
- 7- Raven's Progressive Matrices
- 8- Intelligence test
- 9- Effect of culture on perception
- 10- Effect of culture in problem solving
- 11- Rorschach
- 12- Bender Gestalt Test-II
- 13- Teaching Style
- 14- Attitude towards Teaching
- 15- Attitude Test
- 16- Aggression

**NOTE: Fifth Year: Sem.III + Sem.IV =Project  
REPORT/DISSERTATION (Mandatory for all students)  
Max. marks-100(Total Credits=08)**