



Veer Bahadur Singh Purvanchal University, Jaunpur

P.G. Syllabus (Semester-wise)

Subject - Psychology

(According to National Education Policy- 2020)

Modification done by BOS Psychology on 10 July, 2024

To be implemented from Session 2024-25

V. B. S. Purvanchal University, Jaunpur
Syllabus based on National Education Policy, 2020
Year-wise Structure of M. A. Psychology

Year	Semester	Major Papers	Credits	Minor Elective other subject	Major Training/ Survey/ Research Project	Minimum Credits for the Year	Cumulative Minimum Credits Required for Award of Certificate /Diploma /Degree
4	VII	1- Cognitive Psychology-I	4	1 (4) Credits	1 (4 Credits)	52	(192) Bachelor (Research) in Art and Science
		2- Advanced Psychopathology-I	4				
		3- Research Methodology	4				
		4- Advanced Social Psychology	4				
		Practical	4				
4	VIII	1- Cognitive Psychology-II	4				
		2- Advanced Psychopathology-II	4				
		3- Select any one theory paper from two optional theory papers as mentioned below	4				
		3.1- Experimental Research Design	4				
		3.2- Sports Psychology					
		4- Select any one theory paper from two optional theory papers as mentioned below	4				
		4.1- Organizational Behaviour	4				
		4.2- Organizational Development and Change					
		Practical	4				
		Research Project Cum Dissertation	8				

5	IX	Select any four theory papers from eight optional theory papers as mentioned below		1 (4 Credits)	48	(240) M.A in Psychology
		1- Classical Theories of Personality	4			
		2- Psychometric Methods	4			
		3- Counselling	4			
		4- Psycho diagnostic Techniques	4			
		5- Organisational Communication	4			
		6- Affective processes	4			
		7- Advanced physiological Psychology	4			
		8- Emergence of Psychology	4			
		Practical	4			
5	X	Select any four theory papers from eight optional theory papers as mentioned below		1 (4 Credits)	48	(240) M.A in Psychology
		1- Modern Theories of Personality	4			
		2- Non-Experimental Research Design	4			
		3- Organisational Stress Management	4			
		4- Measurement and Psychological Testing	4			
		5- Cross-cultural Psychology	4			
		6- Clinical Psychology	4			
		7- Educational Psychology	4			
		8- Applied Social Psychology	4			
		Practical	4			
		Research Project Cum Dissertation	8			

Veer Bahadur Singh Purvanchal University, Jaunpur
Syllabus Under NEP 2020 For Post Graduate Psychology Programme
(Modification done by BOS Psychology V.B.S.P.U., JAUNPUR)

Date: 10/07/2024

Semester-wise Titles of the Papers in M.A./M. Sc.

Year	Sem.	Course Code	Paper Title	Theory/Practical	Credits
4 th	VII	A090701T	Cognitive Psychology-I	Theory	4
	VII	A090702T	Advanced Psychopathology-I	Theory	4
	VII	A090703T	Research Methodology	Theory	4
	VII	A090704T	Advanced Social Psychology	Theory	4
	VII	A090705P	Practical	Practical	4
4 th	VIII	A090801T	Cognitive Psychology-II	Theory	4
	VIII	A090802T	Advanced Psychopathology-II	Theory	4
	Note: Select any one paper from two optional papers as mentioned below				
	VIII	A090803T(A)	Experimental Research Design	Theory	4
	VIII	A090803T(B)	Sports Psychology	Theory	4
	Note: Select any one paper from two optional papers as mentioned below				
	VIII	A090804T(A)	Organizational Behaviour	Theory	4
	VIII	A090804T(B)	Organizational Development and Change	Theory	4
	VIII	A090805P	Practical	Practical	4
	VIII	A090806R	Research Project Cum Dissertation	Research Project	8
5 th	Note: Select any four papers from eight optional theory papers as mentioned below				
	IX	A090901T	Classical Theories of Personality	Theory	4
	IX	A090902T	Psychometric Methods	Theory	4
	IX	A090903T	Counselling	Theory	4
	IX	A090904T	Psycho diagnostic Techniques	Theory	4
	IX	A090905T	Organisational Communication	Theory	4
	IX	A090906T	Affective processes	Theory	4
	IX	A090907T	Advanced physiological Psychology	Theory	4

	IX	A090908T	Emergence of Psychology	Theory	4
	IX	A090909P	Practical	Practical	4
5 th	Note: Select any four papers from eight optional theory papers as mentioned below				
	X	A091001T	Modern Theories of Personality	Theory	4
	X	A091002T	Non-Experimental Research Design	Theory	4
	X	A091003T	Organisational Stress Management	Theory	4
	X	A091004T	Measurement and Psychological Testing	Theory	4
	X	A091005T	Cross-cultural Psychology	Theory	4
	X	A091006T	Clinical Psychology	Theory	4
	X	A091007T	Educational Psychology	Theory	4
	X	A091008T	Applied Social Psychology	Theory	4
	X	A091009P	Practical	Practical	4
	X	A091010R	Research Project Cum Dissertation	Research Project	8

Note: Research Project cum Dissertation will be assigned in VIIth and IXth semesters while its evaluation will be done by the end of VIIIth and Xth Semesters, respectively.

ONLINE LINK:

1. <https://www.infobooks.org/free-pdf-books/psychology/#Clinical%20Psychology%20Books>
2. <https://www.all-about-psychology.com/psychology-ebook.html>
3. <https://t.me/thepsychologylibrary>

**Examination and Evaluation Pattern
For M.A. – Year-4th & 5th (All Semester)
To Be Implemented From Session – 2024-2025
(Approved by BOS Psychology on 10-07-2024)
Year - 4th & 5th
Semester - ALL
Paper – Theory (All)**

Maximum Marks: 25(Internal)+ 75 (External) = 100

(A) Examination and Evaluation Pattern/Method for Internal Assessment

Examination Pattern	Marks	Total Marks
Home Assignment/Seminar	10	25
Written Test	15	

(B) Examination and Evaluation Pattern/ Method for External Assessment

Examination Pattern	Section	Number of Questions	Marks for Each Questions	Total of Each Section	Grand Total
Descriptive Type (Already Prevalent)	Section-A (Very Short Answer Type Questions)	10	01	10	75
	Section – B (Short Answer Type Questions)	05	07	35	
	Section – C (Long Answer Type Questions)	02	15	30	

Year - 4th & 5th
Semester - ALL
Paper - Practical
Maximum Marks: 75 (External) + 25 (Internal) = 100

(A) Examination and Evaluation Pattern/Method for External Assessment

Examination Pattern	Marks	Total Marks
Written Exam	25	75
Viva Voce	50	

(B) Examination and Evaluation Pattern/Method for Internal Assessment

Nature of Assignment/Activity	Marks	Total Marks
Practical File Writing and Presentation	25	25

Evaluation of Research Project/ Dissertation (P.G.)

Maximum Marks = 100	
Internal Evaluation	External Evaluation
Evaluation by Supervisor/Director =25 Marks	Evaluation by External Examiner =75 Marks

Post Graduate Psychology Programme

Semester-wise Course Curricula

Programme Outcome (After 2 Years)

The learning outcomes that a student should be able to exhibit on completion of a PG level programme in Psychology are as follows:

- (i) Comprehension about the discipline, its research strategies, related hypothesis and models.
- (ii) Talent to connect up hypothesis with personal encounters and shifted connected settings.
- (iii) Capacity to hone proficient abilities within the range of psychological testing, evaluation and guiding.
- (iv) Development of skills in specific areas related to specific specialization (e.g. psycho-diagnostics, counselling, learning disability, health, and organizational behaviour, sports, social behaviour, child behaviour, personality, education, cross-cultural, psychological processes, physiological basics of behaviour etc.)
- (v) A general understanding about how knowledge of psychology can be applied to benefit the management and/or amendment of problems of mankind in day-to-day life.
- (vi) Capability to articulate ideas in appropriate manner, with scientific writing and authentic reporting about different aspects of behaviour
- (vii) Sensitivity towards diverse contexts, ethnic groups, minorities, marginalized groups and gender issues, mental and behavioural problems.
- (viii) Improvements of abilities and qualities of empathy, team work, coordination, cooperation, conflict determination, and coinciding.
- (ix) Development of ability and skills to work as psychologist.
- (x) Development of skills and thinking divergent in the field of research
- (xi) Understanding and knowledge about different aspects of research.

SEMESTER: VII (M.A.I, 4th Year)

Cognitive Psychology-I

(Course Code-A090701T Credits-4)

1. Cognitive approach. Origin and Current Status of Cognitive Psychology.
2. Attention: Concepts and mechanisms,
Selective attention: Bottleneck theories, capacity model and automaticity.
Sustained attention: Psychophysical factors and theories.
3. Perception: Figure-ground organization, figure formation, and psychophysics of form. Non Veridical Perception.
4. Space, time and movement perception: Theoretical perspectives
5. Perceptual development. Nature-nurture controversy: Pre-exposure, deprivation and enrichment.
6. Cognitive and motivational influences on perception: Instruction, target identification and perceptual defence, perception without awareness.
7. Indian Perspectives of Cognitions: Knowing the Self and Environment, Perception of Reality, Valid Cognition, Satyavad, Mind and the Basis of Behaviours.

Books Recommended

Farmer, T. A., & Matlin, M. W. (2019). *Cognition*. John Wiley & Sons.

Best, J. B. (1999). *Cognitive psychology* (5th ed). Belmont, CA: Brooks/Cole

Dember, W.N.& Warm, J. S. (1979). *Psychology of perception* (2nd ed). New York: Holt.

Howard, D.B. (1983). *Cognitive Psychology*. New York: McMillan.

Schiffman, H.R. (1996). *Sensation and perception: An integrated approach*. New York: John Wiley

Solso, R. L., MacLin, M. K., & MacLin, O. H. (2005). *Cognitive Psychology* (7th ed.). Pearson Education New Zealand.

सिंह, आर. एन. एवं भारद्वाज, एस. एस. (2017). उच्च प्रायोगिक मनोविज्ञान। अग्रवाल पब्लिकेशन, आगरा।

अरुण कुमार सिंह: "संज्ञानात्मक मनोविज्ञान"

Advanced Psychopathology-I

(Course Code-A090702T Credits-4)

1. Classification Systems in Psychopathology: ICD-11, DSM -5-TR
2. Anxiety disorders: Generalized Anxiety Disorder, Panic Disorder, Social Anxiety Disorder, Specific Phobia.
3. Substance Related and Addictive Disorders: Alcohol Use Disorder, Alcohol Intoxication, Alcohol Withdrawal, Tobacco Use Disorder, Tobacco Withdrawal.
4. Neurodevelopmental Disorders: Intellectual Disabilities, Autism Spectrum Disorder, Developmental Coordination Disorder.
5. Personality Disorders: Paranoid, Anti-Social, Narcissistic, Dependent.

Books Recommended

1. Barlow, D. H., Durand, V. M., & Hofmann, S. G. (2018). *Abnormal psychology: An integrative approach*. Cengage learning.
2. Buss. A H (1999). *Psychopathology*. New York: John Wiley
3. Butcher, J.N., Hooley, J. M. & Mineka, S. (2019). *Abnormal Psychology*, Pearson (11 th). New York. Allyn and Bacon
4. Sarson I. G. & Sarson, B. R. (2005). *Abnormal Psychology*. Prentice Hall
5. Davison, G.C. & Neals J.M (996) *Abnormal psychology (Revised ed.)*. New York: John Wiley.
6. Lamm . A (1997) *Introduction to psychopathology* New York: Sage.
7. Boland, R; Verduin, M.L.; Ruiz, P(2021). *Kaplan & Sadocks's Synopsis Of Psychiatry*. Wolters Kluwer Health.
8. सिंह, आर. एन. एवं अन्य. (2013). *मनोविकृति के आधार | अग्रवाल पब्लिकेशन*।

Research Methodology

(Course Code-A090703T Credits-4)

Note. Students are allowed calculators and statistical table in examination:-

1. Psychological Research: Meaning and Scientific Approach. Types of Research.
2. Problem and Hypothesis – Origin, source and features. Experimentation in psychology: Purpose, Nature of Variables, Techniques of Experimental Manipulation. Impact and Control in Experiment, Sources of Bias, Ethical issues in Psychological Research.
3. Sampling: Meaning and Purpose, Probability and Non-Probability Sampling.
4. Methods of Data Collection – Observation, Interview, Semantic Differential, Rating methods, Q-short technique.
5. Statistical methods – Parametric statistics: t- test, ANOVA one way.

Books Recommended:

1. Burns, R. B. (2000). Introduction to Research Methods. Sage Publication.
2. Babbie, E. (2008). The Basics of Social Research. Thomson and Wadsworth.
3. Karlinger F.N. (1983). *Foundations of Behavioural Research*, Surjeet Publication, Delhi.
4. McGuigan, F.J. (1968). *Experimental Psychology – A Methodological Approach*, Prentice Hall, N.J.
5. Black, T.R. (1988). *Quantitative Research Designs for Social Science*. Thousand Oaks: Sage.
6. Edwards, A.L. (1976). *Experimental Design in Psychological Research*, Amerind Publication, New Delhi.
7. Tripathi, L.B. (1985). *Psychological Research Methods*, Har Prasad Bhargav, Agra.
8. Broota, K.D. (1992). *Experimental Design in Behavioural Research*, Wiley Eastern, New Delhi.
9. Heman, G.W. (1995). *Research Methods in Psychology*, Houghton Mifflin Company, Boston, Illinois, New Jersey.
10. Winer, B.J. (1961). *Experimental Design in Psychological Research*, McGraw Hill
11. सिंह, आर. एन. एवं भाटिया, तारेस (2019). आधुनिक सांख्यिकीय विधियां। अग्रवाल पब्लिकेशन, आगरा।
12. मनोविज्ञान समाजशास्त्र तथा शिक्षा में शोध विधियां: मोहम्मद सुलेमान एवं दिनेश कुमार (2014/15)
13. कपिल, एच. के. अनुसंधान विधियां
14. सिंह, ए. के. (2014). मनोविज्ञान समाजशास्त्र तथा शिक्षा में शोध विधियां। मोतीलाल बनारसीदास पटना।
15. मंगल, एस. के. एवं मंगल, एस. (2017) व्यावहारिक विज्ञानों में अनुसंधान विधियां। PHI लर्निंग प्राइवेट लिमिटेड, दिल्ली

Advanced Social Psychology

(Course Code-A090704T Credits-4)

1. Social Psychology – Growth of Social Psychology as modern discipline, nature, levels of analysis and approaches.
2. Communication: Meaning & Types: target person, process of resistance to change, mass communication, function of group in communication process, group as an agent for resistance to change, group as an agent of change.
3. Interpersonal attraction: Dyadic interaction, determinants of attraction, theories – Balance, Reinforcement, equity and exchange theory, intimate relationship, development, relationship issues coping after a relationship ends.
4. Intergroup relation – Conflict and social identity approaches, Dynamics of intergroup behaviour, social harmony, Types of social conflict, conflict resolution.
5. Applied Social Psychology: Current social problems, poverty, population growth, gender issues, Environmental Attitudes, Encouraging pro-environmental behaviour.
6. Social Reform Movement by Raja Ram Mohan Rai, Eradication of Dogmatism against Women and Empowerment.

Book recommended

1. Bronscombe, N. R. and Baron, R. A. (2017). Social Psychology, Pearson.
2. Baron, R.A. & Byrne, D.P. (1987). *Social Psychology*. Fifth Edition, Prentice Hall (India): NewDelhi.
3. Feldman, R.S. (1985). *Social Psychology: Theory, Research and Applications*, McGraw Hill:New Delhi.
4. Roy, F. Baumeister and Brad Bushman (2009). *Fundamentals of social psychology*. CENGAGELearning, Delhi.
5. John D. Delamater & Daniel J. Myers (2009). *Text book of social psychology*. CENGAGELearning, Delhi.
6. सिंह, आर. एन. एवं भारद्वाज, एस. एस. (2017) सामाजिक मनोविज्ञान की भूमिक। अग्रवाल पब्लिकेशन। आगरा।
7. सिंह, ए. के. समाज मनोविज्ञान की रूपरेखा।
8. बैरन एवं बायर्न. सामाजिक मनोविज्ञान।

**Practical (P.G. Year-4th) SEMESTER-VII
(Course Code – A090705P) CREDITS=04**

Practical: M.A. Previous: Sem.-VII (Any four of the following, one practical from each paper is mandatory) :-

- 1- Short Term Memory
- 2- Chunking
- 3- Measurement of anti-social behaviour
- 4- Measurement of Phobic Anxiety
- 5- Study based on one way ANOVA
- 6- Correlational Study
- 7- Inter-personal attractions
- 8- Social Conformity

SEMESTER: VIII (M.A.I, 4th Year)

Cognitive Psychology-II

(Course Code - A090801T, Credits-4)

1. Cognitive Psychology: Meaning, origin, methods & current trends in cognitive psychology.
2. Perception: Meaning & process. Perceptual Threshold, Signal detection theory, Approaches to Perception - Top-down & Bottom-up.
3. Concept formation – Meaning and conceptual rules, procedure and strategies, ill- defined and well-defined concepts, Theories – Associative and Hypothesis testing.
4. Creativity: Meaning & measurement of creativity, determinants & fostering creativity.
5. Language Processes – Language acquisition, models and language comprehension, language production, language and thought.
6. Thinking, Decision making & Problem solving – Meaning & models, Human problem solving, Heuristics & algorithmic.

Books recommended

1. Goldstein, B. E. (2008), *Cognitive Psychology: Connecting, Mind, Research and Every Day Experience*. Thomson Wadsworth
2. Farmer, T. A., & Matlin, M. W. (2019). *Cognition*. John Wiley & Sons.
3. Smith, E. E., & Kosslyn, S. M. (2007). *Cognitive psychology: Mind and Brain*. Prentice Hall.
4. Anderson, John R. (2004). *Cognitive Psychology and Its Implications* (6th ed.). WorthPublishers.
5. Gallotti, K. M. (2004). *Cognitive Psychology*. Thompson- Wadsworth.
6. Sternberg, R. J. (2009). *Applied Cognitive Psychology*. Cengage Learning.
7. Salso, R. L. (2001). *Cognitive Psychology*. Pearson Education.
8. सिंह, ए. के. संज्ञानात्मक मनोविज्ञान। मोती लाल बनारसीदास प्रकाशन।

Advanced Psychopathology-II

(Course Code-A090802T, Credits-4)

1. Psychopathology: Meaning, Approaches: Biological-Neurophysiological, Neurochemical, Genetic;
2. Psychological- Psychodynamic, Behavioural, Cognitive, approaches.
3. Obsessive- Compulsive; Somatic Symptom Disorders: Symptom and etiology of Obsessive-Compulsive Disorder, Conversion Disorder.
4. Schizophrenia Spectrum and other Psychotic Disorders: Delusional disorder, Schizophrenia.
5. Depressive and Bipolar Disorders: Major depressive Disorder, Persistent Depressive (Dysthymia) Disorder, Bipolar-I Disorder, Bipolar-II Disorder.

Books recommended

1. Butcher, J.N., Hooley, J. M. & Mineka, S. (2019). *Abnormal Psychology*, Pearson (11 th). New York. Allyn and Bacon
2. Sarason, B. R. & Sarason, I. G. (2002). *Abnormal Psychology*.
3. American Psychiatric Association.(2022). *DSM-5-TR*.
4. Barlow, D. M. & Durand, V. M. (2005). *Abnormal Psychology: An Integrative Approach*. Thomson Wadsworth.
5. Boland,R. Verduin, M.L.. Ruiz,P. (2021). *Kaplan & Sadock's Synopsis Of Psychiatry*. Wolters Kluwer Health.
6. WHO(2019) *ICD-II , International Classification Of Diseases For Mortality And Morbidity Statistics*.
7. सिंह, आर. एन. एवं अन्य (2008). *आधुनिक असामान्य मनोविज्ञान*। अग्रवाल पब्लिकेशन्स। आगरा।
8. सिंह, आर. एन. एवं अन्य (2013). *मनोविकृति के आधार*। अग्रवाल पब्लिकेशन्स। आगरा।

Experimental Research Design

(Course Code-A090803T(A) Credits-4)

Note. Students are allowed calculators and statistical table in examination:-.

- 1. Research Design:** Meaning, purpose, criteria, Types- Experimental, Non-Experimental design and Quasi-experimental design.
- 2. Between group design:** Randomized group design Randomized block design, Matched group design, Factorial design.
- 3. Within group design:** single and two factors repeated measures design.
- 4. Statistical methods:** Hypothesis Testing: 't'- test (Correlated and Uncorrelated Means), ANOVA two way.
- 5. Comparative Design based on Vipasanna:** A theoretical Introduction

Books Recommended

1. Karlinger F.N. (1983). *Foundations of Behavioural Research*, Surjeet Publication, Delhi.
2. McGuigan, F.J. (1968). *Experimental Psychology – A Methodological Approach*, Prentice Hall, N.J.
3. Brown C.W. & Ghiselli, E.E. (1965). *Scientific Methods in Psychology*, McGraw-Hill, N.Y.
4. Black, T.R. (1988). *Quantitative Research Designs for Social Science*. Thousand Oaks: Sage.
5. Edwards, A.L. (1976). *Experimental Design in Psychological Research*, Amerind Publication, New Delhi.
6. Newman, W.L. (1991). *Social Research Methods: Quantitative and Qualitative Methods*, Boston: Allyn & Bacon.
7. Tripathi, L.B. (1985). *Psychological Research Methods*, Har Prasad Bhargav, Agra.
8. Broota, K.D. (1992). *Experimental Design in Behavioural Research*, Wiley Eastern, New Delhi.
9. Heman, G.W. (1995). *Research Methods in Psychology*, Houghton Mifflin Company, Boston, Illinois, New Jersey.
10. Winer, B.J. (1961). *Experimental Design in Psychological Research*, McGraw Hill
11. सिंह, ए. के. (2014) मनोविज्ञान समाजशास्त्र तथा शिक्षा में शोध विधियाँ । मोतीलाल बनारसीदास पटना।
12. मंगल, एस. के. एवं मंगल, एस. (2017) "व्यावहारिक विज्ञानों में अनुसंधान विधियाँ । PHI लर्निंग प्राइवेट लिमिटेड, दिल्ली
13. सिंह, आर. एन. एवं भाटिया, टी. (2019) आधुनिक सांख्यिकीय विधियाँ । अग्रवाल पब्लिकेशन, आगरा ।

Sports Psychology

(Course Code-A090803T(B) Credits-4)

1. Nature, Historical and Recent Perspective on Sports Psychology.
2. The role of stress, arousal, anxiety and attention in the performance of individual and team sports.
3. Motivation, skills and performance. Personality profiles of successful sports persons.
4. Cognitive and social psychological dimensions of individual and team sports.
5. Training/coaching techniques. Cognitive and behavioural interventions. The role of sports psychologists.
6. Contribution of Indian Sportsmen: P. T. Usha's approach to sports performance and stress management.

Books recommended

- 1- Cox, R. H. (2006). *Sport Psychology: Concepts and Application*. McGraw- Hill.
- 2- Weinberg, R. S. & Gould. D. (2006). *Fundamental of Sport and Exercise Psychology*. HumanKinetics Publishers.
- 3- Houghtan, P. & Worroll, J. (2016). *Play the Forest School Why*. Watkins Publishing.
- 4- Perry, J. (2016). *Sport Psychology: A Complete introduction*. Teach Yourself.
- 5- Cotterill, S., Weston, N. & Breslin (2016). *Sport and Exercise Psychology: Practitioner case studies*. Weley. Blackwell.
- 6- Franz, T. M. (2018). *Group Dynamics and Team Intervention*. Weley.
- 7- Luiselli, J. K., & Reed, D. D. (2011). *Behavioral Sport Psychology*. Springer.
- 8- पवार, के. के. (2019). *खेल मनोविज्ञान (Sports Psychology)*. Sports Publications.

Organizational Behaviour

(Course Code-A090804T(A), Credits-4)

1. Nature of organizational behaviour (O.B.): Models and approaches to O.B, Challenges & opportunities for O.B.
2. Motivation and Work: Meaning & process, Theories of employee motivation, Alderfer, McClelland, Goal setting, OB Mod. theory.
3. Organizational leadership: Meaning and theories - Trait, behavioural, Fiedler, Hersey and Blanchard's theory, current issues in leadership, Organizational implications.
4. Organizational structure: Definition, types, Communication in organizations, grapevine system significance.

Books Recommended

1. Gilmer, B.V.H. (1971). Industrial and Organizational Psychology, McGraw-Hil.
2. Katz, D. and Kahn, R.K. (1980). The Social Psychology of Organization, Wiley.
3. Robbins, S. P. (1980). Organizational Behaviour. Prentice Hall, New Delhi.
- 4 Luthans, F. (1997). Organizational Behaviour, Tata McGraw-Hill, New Delhi.
- 5 Arnold. H.J. and Feldman, D.C. (1986). Organizational Behaviour, McGraw-Hill.
6. Dwivedi, R.S. (2001). Human Relationship and Organization Behaviour, McMillan, New Delhi.
7. सिंह, ए. के. (2016). औद्योगिक एवं संगठनात्मक मनोविज्ञान। भरती भवन।
8. ओझा, आर. के. (2006). औद्योगिक मनोविान। विनोद पुस्तक मंदिर. आगरा।
9. सुलेमान एवं चौधरी (2005). आधुनिक औद्योगिक एवं संगठनात्मक मनोविज्ञान। मोतीलाल बनारसीदास प्रकाशन।

Organizational Development and Change

(Course Code-A090804T(B), Credits-4)

1. Introduction to organizational development Nature and characteristics, historical development Process of management of change.
2. Management of organizational development: Foundations, process and action research
3. Organizational development interventions: Team, third-party, comprehensive. Structural Interventions, and training experiences.
4. Management of change: Organizational structure, organizational culture, employee relations and involvement strategies
5. Evaluating change and future of organizational development

Books Recommended

1. Bennis, WC (1969) Organization development: Its mature. origins and prospects. Reading. MA:Addison-Wesley.
2. Colenso, M. (2001). Successful organizational change: Evolution and revolution in the organization New York Prentice Hall
3. French, W.L. & Bell, C H (195) Organization development New York: Prentice Hall
4. Nilakant, V. & Ramanarayan, S. (1998) Change management New Delhi: Response Books
5. Ramnarayan, S., Rao, T.V. & Singh, K. (1998). Organization development interventions and Strategies. New Delhi: Response Books
7. Thonhill, A., Lewis, P Millmore, M. & Saunders, M. (2000) Managing Change A human resource strategy approach. New York: Pearson Education
8. सिंह, ए. के. (2016) औद्योगिक एवं संगठनात्मक मनोविज्ञान, भारती भवन ।
9. ओझा, आर. के. (2006) औद्योगिक मनोविज्ञान विनोद पुस्तक मंदिर ,आगरा।
10. सुलेमान एवं चौधरी (2005) आधुनिक औद्योगिक एवं संगठनात्मक मनोविज्ञान, मोतीलाल बनारसीदास, नई दिल्ली ।
11. जैन, पी. सी. (2008) संगठनात्मक व्यवहार

Practical: M.A. Previous (Year-4th) SEMESTER-VIII
Couse Code: A090805P, Credits = 4
(Any four of the following, one practical from each opted paper is mandatory):-

- 1- Effect of Set on Problem Solving
- 2- Measurement of creativity
- 3- Dysfunctional Analysis
- 4- Measurement of Depression
- 5- Formulation of a Factorial Design Experiment
- 6- Formulation of plan of Action Research
- 7- LOC
- 8- Level of aspiration
- 9- Job Involvement and Gender
- 10- Job Satisfaction and Gender
- 11- Organizational climate
- 12- Organizational commitment

SEMESTER:IXth (M.A.II, 5th Year)

Classical Theories of Personality

(Course Code-A090901T, Credits-4)

1. Personality: Nature and Scope, Various Theoretical Approaches to personality.
2. Psychoanalytic Theory: Freud's Psychoanalytic Theory. Jung's Analytic Theory, Adler's Individual Theory.
3. Neo- Freudian and Post Freudian Approaches: Horney, Erich Fromm, Erikson and Sullivan.
4. Eastern Personality Theory: Patanjali , Yoga Theory of Personality. Abhidhamm Theory of Personality.
5. Veer Savarkar: Brief introduction about his work against Untouchability.

Books Recommended

1. Cloninger, S. C. (2000). Theories of Personality: Understanding Persons. Prentice Hall
2. Engler, B. (2009). Personality Theories: An Introduction. Wadsworth Cengage Learning.
3. Biscoff. L.J. (1970). Interpreting Personality Theories. New York: Harper & Roe.
4. Hall, C.S. & Lindzey, G., Campbell J.B. (1998). Theories of personality, 4th Ed. New York: J. Wiley & Sons.
5. Pervin, L.A. (1980). Personality: Theory, Assessment and Research. New York, Wiley International ed.
6. Cervone, D. & Pervin, L.A. (2018) Personality: Theory and Research, 14th Edition. New York, J. Wiley & Sons.
7. सिंह, ए. के. (2004). व्यक्तित्व को मनोविज्ञान। मोतीलाल बनारसीदास प्रकाशन।
8. सिंह, आर. एन. एवं त्रिपाठी, आर. बी. व्यक्तित्व मनोविज्ञान।
9. श्रीवास्तव, डी. एन. (2004). व्यक्तित्व मनोविज्ञान।

Psychometric Methods

(Course Code - A090902T, Credits - 4)

1: Methods and Tools of Psychological Measurements: Psychological Tests, Scale, Questionnaire, Interview Schedule, and Observation.

Test construction: Meaning, Steps in test construction, possible errors in test constructions.

2: Item selection and item writing for different types of tests. Item analyses: Inter item correlation, item power, item difficulty,

3: Reliability: Concept, types of reliability: Test-retest, split-half, parallel form, Chronbach's Alpha, Inter-rater reliability.

Validity: Meaning, content, criterion related and construct validity.

4: Factor extraction and factor reduction: Factor Analysis: concept, types: Exploratory and confirmatory factor analyses.

5: Standardization: Meaning and methods of standardization of psychological tools. Norms: Meaning and its use, development of norms: Age norm, Grade norm, intergroup norm.

Books recommended

1. Anastasi, A. (1983), Psychological Testing. (5th Ed.). N. Y. McMillan.
2. Nunally, J.C. (1979). Psychometric Theory (2 Ed.). Tata McGraw Hill, India.
3. Freeman, F.S. (1962). Theory and Practice of Psychological Testing. Oxford and IBH Pub. Co., New Delhi.
4. Guilford, J.P. (1954). Psychometric Methods, Tata McGraw Hill, India.
5. सिंह, ए. के. मनोविज्ञान, समाजशास्त्र एवं शिक्षा में शोध विधियाँ। मोतीलाल बनारसीदास प्रकाशन।
6. भार्गव, एम. मनोवैज्ञानिक मापन एवं परीक्षण।

Counselling

(Course Code-A090903T, Credits-4)

1. Counselling: Meaning, Aims and Expectations of Counselling, Qualities of Counsellor, role of Counsellor at school level.
2. Approaches to counselling: Psychoanalytic, Person centered and existential, Cognitive, Behavioural and Rational Emotive.
3. Counselling in Indian Context: need and availability services in India. Indian techniques of counselling-Yoga, Meditation.
4. Counselling for special population: Drug addicts, Marital & family counseling.
5. Mental Health: Meaning and importance, Improving Mental Health, Determinants of mental health

Books recommended:

1. McLeod, John. (2013). *An Introduction to Counseling*. Mc Graw Hill
2. Gladding, S. T. (2018). *Counseling*. Pearson.
3. Wolf, R. & Dryden, W. (1998). *Handbook of Counseling Psychology*. Sage Publications, London.
4. Brown, S.D., & Lent, R.W. (2002): *Handbook of Counselling Psychology*. New York: John Wiley & Sons.
5. Rao, S.N., & Sahajpal, P. (2013). *Counseling and Guidance*. Tata McGraw Hill.
6. Bhatia, K.K. (2002). *Principles of Guidance and Counselling*. Kalyani Publications.
7. Bhatnagar, A & Gupta, N. (1999). *Guidance and Counseling*. Vikash publishing house pvt ltd. New delhi.
8. Corey, G. (2001). *Theory and practice of counseling and psychotherapy*. Thomson learning.
9. Seligman, L. & Reichenberg, L. W. (2010). *Theories of Counselling and Psychotherapy*. PHI Learning.
10. Amaranth Rai and Madhu Asthana, (2005) *Guidance and Counselling*, Motilal Banarsidas, Patna.
11. Alam, S. (2011). *Modern Concept of Guidance and Counselling*. Gayananda Prakashan, Ansari Road, New Delhi.

Psychodiagnostic Techniques

(Course Code-A090904T, Credits-4)

1. Psychodiagnosis: Nature and scope, source of clinical data.
2. Assessment Interview: Case History, Mental Status Examination, Diagnostic Interview.
3. Intelligence testing: S-B-S, WAIS-IV.
4. Personality Testing: MMPI-3, Millon Clinical Multiaxial Inventory, California Psychological Inventory, Rorschach.
5. Neuropsychological Testing: Test for Visuo-constructive ability (Bender-Gestalt), Wechsler Memory Scale-IV.

Books Recommended

1. Cullari, S. (ed.) (1998). Foundations of clinical psychology Boston: Allyn & Bacon.
2. Goldenberg, H. (1983). Contemporary clinical psychology (2nd) New York: Brooks & Cole
3. Kahn, T.C. & Giffen, M.B.(1960). Psychological techniques in diagnosis and evaluation. Oxford
4. Pergmon Press.
5. Marnat,G.G. and Wright, A.S.(2016),Handbook Of Psychological Assessment, J. Wiley
6. Neitzel, M.T, Bernstein, D.A., & Millich, R. (1998) Introduction to clinical psychology (5h Ed.) Upper
7. Saddle River, N.J. : Prentice Hall
8. Wolman, B.B. (1978). Clinical diagnosis of mental disorders: A handbook. New York: Plenum.
9. सिंह, ए. के. (2018). उच्चतर नैदानिक मनोविज्ञान ।
10. भार्गव, महेश. मनोवैज्ञानिक मापन एवं परीक्षण

Organizational Communication

(Course Code-A090905T, Credits-4)

1. Conceptual framework: Meaning and process of communication, perspectives; direction of communication flow, communication barriers.
2. External communication: Environmental scanning; management of external, communication
3. Interpersonal communication: needs perspective, transactional analysis, Johari, window; role of symbols, media and information technology, choosing among media; communication networks.
4. Non-verbal communication: Dimensions and functions of non-verbal communication; cultural differences in nonverbal communication.
5. Communication for organizational effectiveness: Persuasion and influence,

Recommended Books:

1. Andrews, P. H. & Herschel, R. T. (1997). Organizational communication. (1* Ed.). New Delhi: A.I.T.B.S. Publishers.
2. Fisher, D. (2003). Communication in organizations (2 Ed.). Bombay: Jaico Books.
3. Godhaber, G. M. (1990). Organizational Communication (5h Ed.). Dubuque Brown.
4. Lesikar, R.V. & Pettit, J. D. (1998). Business communication: Theory and applications. (6h Ed.). Illinois: Richard D. Irwin Inc.
5. Tubbs. S.L. & Moss, S. (2006). Human Communication: Principles and Contexts. (10" Ed.). McGraw Hill.
6. जैन, पी सी (2008) संगठनात्मक व्यवहार
7. सिंह ,अरुण कुमार (2016) औद्योगिक एवं संगठनात्मक मनोविज्ञान ,भारती भवन ।
8. सुलेमान एवं चौधरी (2005) आधुनिक औद्योगिक एवं संगठनात्मक मनोविज्ञान, मोतीलाल बनारसीदास ,नई दिल्ली।

Affective Processes

(Course Code-A090906T, Credits-4)

1. Affective processes: Nature and properties; Origin, development and present status. Ethologist 's Contribution.
2. Motivation Conceptual issues; Response dimension. Homeostasis
3. Theoretical framework: Murray and Maslow. intrinsic and extrinsic framework. Techniques of Assessment: Unobtrusive, self-report and projective.
4. Emotion Conceptual and theoretical issues, differences in emotional expression, genetics. Culture and personality.
5. Biological and neurophysiological approaches to emotion: Emotional network in the brain psychophysiology of emotion.
6. Emotional intelligence: Framework, assessment and application

Books Recommended

1. Cofer, C. N. & Appley, M. H. (1964). Motivation: Theory and research Delhi Wiley Eastern
2. Lewis, M., & Haviland-Jones, J. M. (2000). Handbook of emotions. New York: Guilford Press
3. Singh, D. (2003). Emotional intelligence at work. New Delhi: Sage
4. Weiner, B. (1998). Human motivation. Newbury Park: Sage.

Advanced Physiological Psychology

(Course Code-A090907T, Credits-4)

1. Physiological Psychology: Fields of Study; Methods and Techniques of Research: Invasive, Non-invasive and Behavioural Methods.
2. Neuron – Structure and Function; Human Nervous System: Structure and Functions – Central, Peripheral and Autonomic Nervous System, Lateralization of Brain Functions.
3. Neuron Physiology: Neural conduction and Synaptic Transmission. Neurotransmitters, Mechanism of Chemical Neurotransmission through Synapse.
4. Sensory Processes: Vision-- Structure and Function of Eye, Retina and Photoreceptors; Colour Blindness. Theories of Colour Vision; Audition -- Structure and Function of Ear,
5. Endocrine Glands and Hormones: Pituitary, Pineal, Thyroid, Thymus, Adrenal Glands, Pancreas and Gonads (Ovaries and Testis)

Books Recommended

- 1- Carlson, N. R. (2005). *Foundations of Physiological Psychology*. 6th Edition, Pearson Education.
- 2- Pinel, J.P. (2006). *Biopsychology*. 6th Edition, Pearson Education.
- 3- Leukal, F. (1976). *Introduction to Physiological Psychology*. C.V. Mosby Co.
- 4- Levinthal, C.F. (1990). *Introduction to Physiological Psychology*. 3rd Edition, Prentice Hall.
- 5- Morgan, C.T. (1985). *Introduction to Physiological Psychology*. McGraw-Hill
- 6- Levitt, P.C. (1980). *Physiological Psychology*.
- 7- Kalat, J. W. (2010). *Biopsychology*. Cengage Learning India Pvt. Ltd.
- 8- तिवारी, बी. डी. एवं त्रिपाठी, ए. एन. (2004) दैहिक मनोविज्ञान

Emergence of Psychology

(Course Code-A090908T, Credits-4)

1- Bhagavad Gita, Buddhism, Sufism and Integral Yoga. Academic psychology in India: Pre-independence era: post-independence era; 1970s: The move to addressing social Issues; 1980s: Indigenization: 1990s: Paradigmatic concerns, disciplinary identity crisis; 2000s: Emergence of Indian psychology in academia. Issues: The colonial encounter: Post colonialism and psychology; Lack of distinct disciplinary identity.

2- Greek heritage, medieval period and modern period. Structuralism, Functionalism, Psychoanalytical, Gestalt, Behaviorism, Humanistic Existential, Transpersonal, Cognitive revolution, Multiculturalism. Four founding paths of academic psychology Wundt, Freud, James, Dilthey.

3- Issues: Crisis in psychology due to strict adherence to experimental-analytical paradigm (logical empiricism). Indic influences on modern psychology.

4- Ontology, epistemology, and methodology. Paradigms of Western Psychology: Positivism, Post-Positivism, Critical perspective, Social Constructionism, Existential Phenomenology, and Co-operative Enquiry.

5- Paradigmatic Controversies. Significant Indian paradigms on psychological knowledge: Yoga, Bhagavad Gita, Buddhism, Sufism, and Integral Yoga. Science and spirituality (avidya and vidya). The primacy of self-knowledge in Indian psychology.

Books

1. William Douglas Woody Wayne Viney (2017), A History Of Psychology.
2. Thomson, R. (1993), The Emergence of Psychology.
3. सिंह, अरुण कुमार; मनोविज्ञान के संप्रदाय एवं इतिहास (2013), मोतीलाल बनारसीदास प्रकाशन।

Practical: M.A. Final (Year 5th) SEMESTER-IX
Course Code: A090909P, Credits - 4

(Any four of the following Any four of the following, one practical from each opted paper is mandatory):-

1. Extraversion-introversion Test
2. SRT(Sat Raj Tam)Personality Test
- 3- Development of a test up to item analysis.
- 4- Computation of reliability using test retest or spit-half method
5. Marital Adjustment
6. Mental Health
7. Bender-Gestalt test
8. WAIS Performance
9. Organizational Communication
10. Organizational Effectiveness
11. Emotional Intelligence
12. Achievement Motivation
13. Colour Blindness
14. Figure after effect
15. Mindfulness
16. Spirituality

Modern Theories of Personality

(Course Code-A091001T, Credits-4)

- 1- The Dispositional Approach: Allport's Trait Approach, Cattell's Trait Approach, Eysenck's Type Approach, Big Five-Factor Model of Personality.
- 2- Humanistic Approaches: Murray's Need Theory. Maslow's Hierarchical Theory of Human Motivation.
- 3- Phenomenological Theory and Cognitive Theory: Kelly's Personal-Construct Theory, Roger's Self Theory, Lewin's Field Theory, Mischel's Cognitive-Behavioural Theory.
- 4- Radical Behaviorism of Skinner; Bandura's Social Learning Theories, Miller and Dollard Theory.

Books Recommended

1. Liebert, R.M. & Spiegler, M.D. Personality Strategies and Issues. Pacific Grove. California: Brooks/Cole Publishing Company.
2. Biscoff, L.J. (1970). Interpreting personality theories. New York: Harper & Roe.
3. Hall, C.S. & Lindzey, G. Campbell, J.B. (1998). Theories of personality, 4th Ed. New York: J. Wiley & Sons.
4. Hjelle, L.A., & Zeigler, D.J. (1991). Personality Theories: Basic Assumptions, Research and Applications, 2nd Ed. International Student Edition. McGraw Hill, International Book Co.
5. Pervin, L.A. (1980). Personality: Theory, assessment and research, 3rd Ed. New York, Wiley International ed.
6. Sahakian, W.S. (1965). Psychology of personality: Readings in theory, Chicago: Rand McNally College Publication Co.
7. Cervone, D. and Pervin, L.A. (2018) Personality: Theory And Research, 14th ed. New York: J. Wiley & Sons.
8. Magnusson, D., Endler, N.S. (1977). Personality at crossroads. New Jersey, Hillsdale : Lawrence Erlbaum Associates.
9. Calvin S. Hall Gardner Lindzey John B. Campbell (2007). Theories Of Personality 4th Edition, Publisher: Wiley India Pvt Ltd.
10. Barbara Engler (2008). Personality Theories / Edition 8.
11. व्यक्तित्व मनोविज्ञान : अरुण कुमार सिंह (2004)
12. व्यक्तित्व मनोविज्ञान .आर. एन. सिंह एवं आर .बी. त्रिपाठी
13. व्यक्तित्व मनोविज्ञान: डी एन श्रीवास्तव (2004)

Non-Experimental Research Designs

(Course Code: A091002T, Credits-04)

1. Non-Experimental Research Design: Meaning, purpose, criteria
2. Quasi-experimental design: One Group Design; Non-equivalent and Control Group Designs; Interrupted Time -Series Designs; Multiple Time- Series designs.
3. Correlational design: Meaning, Purpose, Criteria and use and Limitations
4. Contrast design: Meaning, Purpose, Criteria and Use
5. Case study design: Purpose, criteria and Use and Limitations
6. Survey design: Meaning, Use, Benefits and Limitations
7. Swami Vivekanand

Books Recommended

1. Karlinger F.N. (1983). *Foundations of Behavioural Research*, Surjeet Publication, Delhi.
2. McGuigan, F.J. (1968). *Experimental Psychology – A Methodological Approach*, Prentice Hall, N.J.
3. Brown C.W. & Ghiselli, E.E. (1965). *Scientific Methods in Psychology*, McGraw-Hill, N.Y.
4. Black, T.R. (1988). *Quantitative Research Designs for Social Science*. Thousand Oaks: Sage.
5. Edwards, A.L. (1976). *Experimental Design in Psychological Research*, Amerind Publication, New Delhi.
6. Newman, W.L. (1991). *Social Research Methods: Quantitative and Qualitative Methods*, Boston: Allyn & Bacon.
7. Tripathi, L.B. (1985). *Psychological Research Methods*, Har Prasad Bhargav, Agra.
8. Broota, K.D. (1992). *Experimental Design in Behavioural Research*, Wiley Eastern, New Delhi.
9. Heman, G.W. (1995). *Research Methods in Psychology*, Houghton Mifflin Company, Boston, Illinois, New Jersey.
10. Winer, B.J. (1961). *Experimental Design in Psychological Research*, McGraw Hill
11. "मनोविज्ञान समाजशास्त्र तथा शिक्षा में शोध विधियां" : अरुण कुमार सिंह (2014) मोतीलाल बनारसीदास पटना
12. व्यावहारिक विज्ञानों में अनुसंधान विधियां": एस के मंगल और शुभा मंगल (2017) PHI लर्निंग प्राइवेट लिमिटेड दिल्ली
13. मनोविज्ञान समाजशास्त्र तथा शिक्षा में शोध विधियां: मोहम्मद सुलेमान एवं दिनेश कुमार (2014/15)

Organizational Stress Management

(Course Code-A091003T, Credits-4)

1. Organizational stress: Concept- different perspectives. symptoms, individual factors influencing Job stress
2. Causes of job stress: Personal characteristics, organizational structure and change, properties of work and work setting, job role. machine pacing and shift work
3. Consequences of job stress: Job behaviour, job satisfaction, performance, absenteeism, health strains- physical illness, mental/ psychological symptoms
4. Stress management interventions: Individual centred- cognitive, behavioural, and physical. Organization centered-preventng, mitigating and moderating organizational stressors.
- 5 . Coping with stress Types of coping strategies
6. Therapeutic Approaches to stress management: Counselling, hypno-suggestive, philosophical hypnosis, self- talk, music therapy.

Books Recommended

Matteson, MT & Ivancevich, J M (1987) Controlling work stress: Effective human resources and management strategies San Francisco: Josey Bass

Pestonjee, D.M (1992) Stress and coping New Delhi: Sage Publications

Ross, R.R & Altmaid, EM (1994). Interventions in occupational stress New Delhi: Sage Publications.

Srivastava, A.K.(1999)Management of occupational stress:Theories and practice. New Delhi: Gyan Publishing House

संगठनात्मक व्यवहार: पी सी जैन(2008)

सिंह ,अरुण कुमार (2016)औद्योगिक एवं संगठनात्मक मनोविज्ञान ,भारती भवन ।

सुलेमान एवं चौधरी (2005)आधुनिक औद्योगिक एवं संगठनात्मक मनोविज्ञान, मोतीलाल बनारसीदास ,नई दिल्ली।

Measurement and Psychological Testing

(Course Code- A091004T, Credits-4)

- 1- Measurement: Nature and concept of Psychological Measurement, Types of Scale, Norms: Concept, Types.
- 2- Intelligence Testing: Speed and Power Tests, Individual and Group Tests, Verbal and Performance Tests and Cross-cultural tests.
- 3- Personality Testing: Psychometric tests (Inventory, questionnaire). Projective Techniques - Problems of Reliability and Validity of Projective Tests.
- 4- Tests of Special Abilities: Aptitude testing, Occupational testing, Clinical testing. Educational testing, Ethical aspects: User's Qualification, Confidentiality.
5. Communication of Results, Invasion of Privacy, Civil Rights of Minority, Evaluation of tests.

Books Recommended:

1. Guilford, J.P. (1954). Psychometric Methods, Tata McGraw Hill, India.
2. Freeman, F.S. (1962). Theory and Practice of Psychological Testing. Oxford and IBH Pub. Co., New Delhi.
3. Payne, D.A. & McMorries, R.F. (1972). Educational and Psychological measurement. Oxford and IBH Pub. Co. New Delhi.
4. Anastasi, A. (1983), Psychological Testing (5th Ed.) N.Y. McMillan.
5. Nunally, J.C. (1979). Psychometric Theory (2 Ed.) Tata McGraw Hill, India.
6. Ciminaro, A.R. (1984). Handbook of behavioural assessment, New York : John Wiley.
7. Miller, D.C. (1991). Handbook of research design and social measurement, London Sage.
8. Leung, F.T.L. & Austin, J.T. (1996). The psychology research handbook, London Sage.
10. Kaplan, R.M. and Saccuzzo, D.D. (2007) Psychological Testing. Thompson-Wordsworth. Australia, Spain.. United States.
11. Eysenck, M.W. (2004) Psychology: An Introductory Psychology. Press : Taylor & Francis Group. Hove and New York.
13. भार्गव, एम. मनोवैज्ञानिक मापन एवं परीक्षण ।
14. सिंह, ए. के. मनोविज्ञान, समाजशास्त्र एवं शिक्षा में शोध विधियाँ । मोतीलाल बनारसीदास प्रकाशन ।

Cross- Cultural Psychology

(Course Code-A091005T, Credits-4)

1. Culture and behaviour Nature of culture, Cultural relativity and universality of human behaviour
Mechanism of cultural transmission
2. Methodology of cross-cultural psychology: Comparability and equivalence. Universals, emics and etics, Sampling and measurement issues, Back translation, decentring and subsystem validation
3. Culture and cognition Theoretical positions. contemporary Issues. cultural influences on perception, cognition. learning, memory. problem solving. reasoning and creativity, Everyday cognition.
4. Culture and emotion: Basic emotions. dimensional and componential models. Subjective experiences. appraisal. Physiological reaction and emotional expressions
5. Cultural change and adaptations: Processes of enculturation and acculturation in plural societies
Acculturation strategies, Acculturation and adaptation of tribal people and refugees. Behaviour shifts and acculturative stress
6. Cross-cultural communication: Verbal and nonverbal interactions Communication incongruence Deceptions. cultural display rules. Promoting intercultural interaction

Books Recommended

1. Berry, J.W, Poortinga. Y.H. Segall, M 1. & Dasen. P R (2002) Cross- cultural psychology:
Research and application. New York: Cambridge University Press
3. Berry, J.W. et al. (Eds) (1997). Handbook of cross-cultural psychology (2nd Edition) (Vol 1-3) Boston: Allyn & Bacon.
4. Brislin, R. (Ed.) (1990). Applied cross-cultural psychology Newbury Park Sage
5. Matsumoto, D. (2001). The handbook of culture and psychology New York Cambridge University Press.
6. Segall, M. H., Dasen, P. R., Berry, J. W., & Poortinga, Y H (1999) Human behaviour n giobal perspective. Boston: Allyn & Bacon.
8. Triandis H.C. et al. (Eds.) (1980). Handbook of cross-cultural psychology. (Vol 1-6) Boston Allyn & Bacon

Clinical Psychology

(Course Code-A091006T, Credits-4)

1. Clinical Psychology: Meaning, historical background and current issues.
2. Behavioural Assessment: Nature, Behavioural Observation, Cognitive Behaviour Assessment, Cognitive Self-Report Inventories, Recording Cognition, Psychological Assessment.
3. Psychodynamic therapy: Freudian psychoanalysis.
4. Behaviour therapy: Systematic desensitization, aversion therapy, modeling, assertive therapy.
5. Cognitive Behaviour Therapy: Rational Emotive Therapy, Cognitive Behaviour Therapy.
6. Person Centered Therapy, Gestalt therapy. Interpersonal and Group Therapy: Marital Therapy, family therapy, Psychodrama.

Books recommended

1. Korchin, S.J. (1976). *Modern Clinical Psychology*. CBS Publication, Delhi.
2. Weiner, I.B. (1974), *Clinical Methods in Psychology*.
3. Goldenbern. H. (1983). *Contemporary Clinical Psychology* (2nd Ed.) New York.
4. Wolman, B.B. (1978). *Clinical Diagnosis of Mental Disorders : A Handbook*. N.Y. Plenum.
5. Nietzel, M.T. Bernstein, D.A. & Misich, R (1998). *Introduction of Clinical Psychology* (5th Ed.). New Jersey : Prentice Hall.
6. सिंह, ए. के. (2008). आधुनिक नैदानिक मनोविज्ञान ।
7. सुलेमान, मोहम्मद., एवं कुमार, दिनेश. (2006). आधुनिक नैदानिक मनोविज्ञान ।
8. कपिल, एच. के. (2006). नैदानिक मनोविज्ञान ।

Educational Psychology

(Course Code-A091007T, Credits-4)

1. Educational Psychology: Meaning, scope, brief history.
2. Human diversity and education: Cultural differences in learning style, Readiness and classroom Achievement; Multiculturalism and Education; Social class differences, Poverty, Disadvantaged and education. Individual and group differences in Intelligence, Theories of intelligence.
3. Effective Teaching and Classroom Management: planning and setting, Objectives for teaching Characteristics of effective teachers. Teaching methods. Ecology of Classrooms & Classroom management, Disciplining and communication. Teaching small group: The Discussion Method and Cooperative Learning Computer Assisted Instruction.
4. Exceptionality and Special Education. Categories of exceptionality; Labeling and educational relevance. Physically challenged students. Students with cognitive Disabilities or brain dysfunction and communication disorders.
5. Educational Assessment: - Measurement and Evaluation (Norm-referenced and Criterion-referenced tests), Test Scores—meaning, Types and interpretation; Classroom Assessment and grading; Diversity/ Cultural Differences and Assessment.

6. Dr. S. Radhakrishnan

Books recommended:

- 1- Anita, W. (2017). *Educational Psychology*. Pearson Education.
- 2- Mangal, S. K. (2009). *Essentials of Educational Psychology*. PHI Learning.
- 3- Ormrod, J. E. (2015). *Educational Psychology*. Pearson Education.
- 4- Dandapani, S. (2016). *Advanced Educational Psychology*. Anmol Publication.
- 5- Kelly, B., Woolfson, L. & Boyle, J. (2016). *Framworks for Practice in Educational Psychology*. Jessica Kingsley Publication.
- 6- Santrock, J. W. (2009). *Educational Psychology*. McGraw- Hill.
- 7- Anderson, R. (2015). *The Illusion of Education*. The Moving Quill Publishing Co.
- 8- मंगल, एस. के. (2019) शिक्षा मनोविज्ञान,

Paper: Applied Social Psychology

(Course code: A091008T, Credits=04)

- 1- Aggression: Nature and Characteristics. Theories Psychoanalytic, Ethological, Social Learning: Frustration and Aggression: Provoking Factors and Aggression Management.
- 2- Attitude (a) Nature. Components, Formation and Measurement, (b) Attitude Change Persuasive Communication and Cognitive Dissonance. Prejudice and Discrimination.
- 3- Social Influence Processes: (a) Nature, Components, Kinds and Social Comparison Theory, (b) Conformity - Nature, Determinants, Compliance and Obedience.
- 4- Group Dynamics Nature, Characteristics, Group Structure. Effect of Group on Behaviour Social Facilitation, Social Loafing, Risky Shift, Deindividuation and Crowd Behaviour.
5. Leadership - Emergence, Style and Theories.

Book recommended:

1. Baron, R.A. & Byrne, D.P. (1987). Social Psychology. Fifth Edition, Prentice Hall (India)
2. Feldman, R.S. (1985). Social Psychology Theory, Research and Applications. McGraw Hill: New Delhi.
3. Donerstein, M.B. & Donerstein, E. 1. (1984) Social Psychology
4. Roy, F. Baumeister and Brad Bushman (2009). Fundamentals of social psychology. CENGAGE Learning, Delhi.
5. John D. Delamater and Daniel J. Myers (2009) Text book of social psychology. CENGAGE Learning, Delhi.
6. सिंह, आर. एन. एवं भरद्वाज, एस. एस. (2017). सामाजिक मनोविज्ञान की भूमिका,
7. सिंह, अरुण कुमार (2008). समाज मनोविज्ञान की रूपरेखा ।
8. बैरन, आर. ए. एवं बायर्न, डी. (2004). सामाजिक मनोविज्ञान

Practical: M.A. Final (Year-5th) SEMESTER-X

Corse Code: A091009P, Credits - 4

(Any four of the following, one practical from each opted paper is mandatory):-

- 1- 16PF
- 2- EPQ
- 3- Study based on correlation
- 4- Survey
- 5- Organizational Stress
- 6- Job Satisfaction
- 7- Raven's Progressive Matrices
- 8- Intelligence test
- 9- Effect of culture on perception
- 10- Effect of culture in problem solving
- 11- Rorschach
- 12- Bender Gestalt Test-II
- 13- Teaching Style
- 14- Attitude towards Teaching
- 15- Attitude Test
- 16- Aggression